

If You Could

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Randy Fyffe (USA)
音乐: If You Could Read My Mind - Stars On 54



STEP RIGHT, LEFT, KICK STEP STEP, BUMP LEFT, BUMP RIGHT 3 TIMES

- 1-2 Step right forward, step left forward
- 3&4 Kick right foot forward, step right foot next to left, step left foot in place keeping weight on right
- 5-6 Bump hips left, bump hips right
- &7&8 Bump hips right, bump hips right

TURN ¼ LEFT STEPPING LEFT FORWARD, POINT, CROSS, POINT, STEP LEFT FORWARD, PIVOT ½, SIT, BODY ROLL UP

- 1-2 Pivot on right foot ¼ left & step left foot forward, point right to right side
- 3-4 Cross right over left, point left to left side
- 5-6 Step left forward, pivot ½ right bringing right foot next to left while bending both knees & lowering hips to a sitting position
- 7-8 Body roll up

VAUDEVILLE STEPS W ¼ TURN, ¾ MONTEREY TURN

- &1&2 Step right foot back at diagonal, place left heel forward to left diagonal, step left foot next to right, step right across left
- &3&4 Step left foot back beginning ¼ turn right, place right heel forward to right diagonal finishing ¼ turn, step right foot next to left, step left foot in place
- 5-6 Point right to right side, bring right foot in next to left & pivot on left foot ¾ turn right
- 7-8 Point left to left side, step left next to right

RIGHT KICK BALL CHANGE, STEP RIGHT, PUSH KICK, STEP RIGHT BEHIND LEFT, POINT LEFT, LEFT SAILOR STEP W ¼ TURN LEFT

- 1&2 Kick right foot forward, step ball of right foot next to left, step left foot in place
- 3-4 Step right foot to right side bending right knee, push right foot off floor kicking slightly right
- 5-6 Step right foot behind left, point left to left side
- 7&8 Swing left foot around & behind right turning ¼ left, step right to right side, step left in place

ROCK STEP, COASTER STEP, STEP PIVOT, STEP TURN

- 1-2 Step right foot forward, step back on left
- 3&4 Step right foot back, step left together, step right foot forward
- 5-6 Step left foot forward, pivot ½ right shifting weight to right
- 7-8 Step left foot forward, pivot full turn right ending with weight on right

POINT LEFT BACK AT ANGLE, STEP LEFT BEHIND RIGHT, POINT RIGHT BACK AT ANGLE, STEP RIGHT BEHIND LEFT, POINT LEFT BACK AT ANGLE, STEP LEFT BEHIND RIGHT, BOOGIE WALK FORWARD

- 1-2 Point left foot diagonally back, step left foot behind right
- 3-4 Point right foot diagonally back, step right foot behind left
- 5-6 Point left foot diagonally back, step left foot behind right
- 7-8 Boogie walk forward stepping right, left

Since the start of the dance is a right, left step forward, you can continue with the boogie walk for counts 1 & 2

REPEAT

