

# If U

拍数: 32      墙数: 4      级数: Improver  
编舞者: Tim Allen (UK)  
音乐: If You Come Back - Blue



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## HIPS BUMPS, ¼ TURN SAILOR STEP, LEFT MAMBO, BACK LOCK STEP

1&2            Hips bumps - right, left, right  
&3&4          Bump hips left, step right behind left making ¼ turn right, step left to left side, step right to right side  
5&6            Rock forward on left, rock back on right, step left in place  
7&8            Step right back, cross left in front of right, step back on right

## COASTER STEP, STEP PIVOT POINT, SYNCOPATED WEAVES

9&10          Step back left, step right beside left, step forward left  
11&12         Step forward right, pivot half turn over left shoulder, point right toe forward  
13&14         Cross right behind left, step left to left side, cross right in front of left  
15&16         Cross left behind right, step right to right side, cross left in front of right

## KICK BALL POINTS, POINT KICK STEP, COASTER STEP

17&18         Kick right forward, step right in place, point left toe to left  
19&20         Kick left forward, step left in place, point right toe to right  
21&22         Point right toe forward, kick right forward, step right beside left  
23&24         Step left back, step right beside left, step left forward

## STEP LOCK STEPS, SYNCOPATED JAZZ BOX WITH SLIDE RIGHT

25&26         Step right forward, step right behind left, step right forward  
27&28         Step left forward, step right behind left, step left forward  
29&30         Cross right over left, step back left, large step right to right side  
31-32         Slide left beside right, place weight on left

**REPEAT**

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