

If It Ain't One Thing, It's Another

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Wild One - BR5-49



MODIFIED PADDLE TURN

- 1 Step left foot to 10:00
- 2 Shift body to face 2:00

Weight goes back on right foot

- 3 Step left foot to 2:00
- 4 Shift body to face 6:00

Weight goes back on right foot

- 5 Step left foot to 6:00
- 6 Shift body to face 10:00

Weight goes back on right foot

- 7 Step left foot to 12:00
- 8 Brush right toe back while slightly bending left knee

SCUFF, CROSS BRUSH, TOE TOUCH, HOLD, UNWIND, HOLD, TRIPLE IN PLACE

- 9 Scuff right heel forward while straightening out left knee
- 10 Brush right foot back and across the left foot
- 11 Touch right toe on the other side of left foot
- 12 Hold
- 13 Unwind ½ turn to the left (to the left) with weight on the left foot
- 14 Hold
- 15&16 Triple step in place (right-left-right)

SUGARFOOT SWIVELS, CROSS STEPS, HOLDS

- 17 Turn left toe inward and touch next to the right instep while swiveling right heel to the left
- 18 Turn left toe outward and touch left heel next to the right instep while swiveling right heel to the right
- 19 Cross left foot over the right foot and step while swiveling right heel to the left
- 20 Hold
- 21 Turn right toe inward and touch next to the left instep while swiveling left heel to the right
- 22 Turn right toe outward and touch right heel next to the left instep while swiveling left heel to the left
- 23 Cross right foot over the left foot and step while swiveling left heel to the right
- 24 Hold
- 25-32 Repeat counts 17 through 24

COASTER, TO THE LEFT MILITARY PIVOTS, STOMPS

- 33 Step back on the left foot
- & Step right foot next to the left foot
- 34 Step forward on the left foot
- 35 Step forward on the right foot
- 36 Pivot ½ turn to the left (to the left) on the ball of right foot and shift weight to the left foot
- 37-38 Repeat counts 35 and 36
- 39 Stomp right foot next to the left foot
- 40 Stomp left foot next to the right foot (stomp down)

HEEL SWIVELS

- 41 Swivel heels to the left

- 42 Swivel heels to the right
- 43-44 Repeat counts 41 and 42
- 45-46 Repeat counts 41 and 42
- 47-48 Repeat counts 41 and 42

HEEL AND TOE TOUCHES

- 49 Touch right heel forward and diagonally to the right
- 50 Step right foot next to the left foot
- 51 Touch left toe back and diagonally to the left
- 52 Step left foot next to the right foot
- 53 Touch right toe back and diagonally to the right
- 54 Step right foot next to the left foot
- 55 Touch left heel forward and diagonally to the left
- 56 Step left foot next to the right foot

MONTEREY TURNS

- 57 Touch right toe to the right
- & Pivot ½ turn to the right (to the right) on the ball of left foot
- 58 Step right foot next to the left foot
- 59 Touch left toe to the left
- 60 Step left foot next to the right foot
- 61 Touch right toe to the right
- & Pivot ½ turn to the right (to the right) on the ball of left foot
- 62 Step right foot next to the left foot
- 63 Touch left toe to the left
- 64 Tap left toe next to the right foot

REPEAT
