If I Were You



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Margaret Warren (AUS) 音乐: If I Were You - Collin Raye



SIDE, BEHIND, TOGETHER, CROSS OVER, FULL TURN TWICE

1-2&3-4 Step right to side, step left behind right, step right beside left, step ball of left over right, spin

full turn right

5-6&7-8 Step left to side, step right behind left, step left beside right, step ball of right over left, spin

full turn left

Variation: instead of the full turns, step to the side, same as the tag

SIDE, HEEL, DRAG, BEHIND, TOGETHER, IN FRONT TWICE

&1-2 Step right to right side, facing slightly left step left heel to side, drag left heel toward right foot

3&4 Facing front step left behind right, step right beside left, step left in front of right

&5-8 Repeat last 4 beats (these 8 beats travel right)

HEEL BOUNCES 1/2 TURN RIGHT, RIGHT COASTER, STEP, KICK, STEP, TOUCH

1-2-3&4 Bounce twice on heels turning ½ right, step back right, step left beside right, step forward

right

5-8 Step forward on left, kick forward with right, step back on right, touch left toes back*

SIDE, HEEL, DRAG, BEHIND, TOGETHER, IN FRONT TWICE

&1-2 Step left to left side, facing slightly right step right heel to side, drag right heel towards left

foot

3&4 Facing front step right behind left, step left beside right, step right in front of left

&5-8 Repeat last 4 beats (these beats travel left)

HEEL BOUNCES, ½ TURN LEFT, LEFT COASTER, STEP, KICK, STEP, TOUCH

1-2-3&4 Bounce twice on heels turning ½ left, step back left, step right beside left, step forward left

5-8 Step forward on right, kick forward with left, step back on left, touch right toes back

1/4 TURN LEFT, STEP, DRAG, VINE TURNING 1/4 RIGHT, 1/4 TURN RIGHT, STEP, DRAG, VINE TURNING 1/4 LEFT

1-2-3& Turning ¼ left step right to right side, drag left beside right, step right to right side, step left

behind right

4 Turning ¼ right step forward on right

5-6-7& Turning 1/4 right step left to left side, drag right beside left, step left to left side, step right

behind left

8 Turning ¼ left step forward on left

STEP FORWARD, PIVOT ½ LEFT, FULL LEFT TURN FORWARD, ROCK & ACROSS MOVING FORWARD TWICE

1-4 Step forward on right, pivot ½ turn left (weight on left), making full left turn forward step right-

left

5&6 (Moving slightly forward facing 11:00) rock on ball of right to side, replace on left, cross right

over left

7&8 (Facing 1:00) rock on ball of left to side, replace on right, cross left over right

ROCK & ACROSS MOVING BACK TWICE, TOE BEHIND UNWIND TWICE

1&2 (Moving slightly back facing 1:00) rock on ball of right to side, replace on left, cross right

behind left

3&4 (Facing 11:00) rock step ball of left to side, replace on right, cross left behind right

REPEAT

TAG

On 4th wall (facing back) repeat first 8 beats, omit full turns & step to side on 4th beat

RESTART

On 7th wall (facing back) dance first 24 beats, stepping weight onto left instead of toe touch

FINISH

Complete dance neatly facing front with left toe touch (bending knees slightly) step together.