

If I Could

拍数: 32 墙数: 4 级数: Improver
编舞者: Kim Swann (USA)
音乐: Waltz Home With You - South Dixie Highway



FORWARD (BALL), SWEEP, STEP BEHIND, LOCKING TRIPLE FORWARD, STEP PIVOT ½ LEFT, SIDE TOGETHER SIDE

1-3 Step forward on ball of right foot, recover on left while sweeping right foot around and behind, step right behind left
4&5 Step left foot forward, step lock right behind left, step left foot forward
6-7 Step forward right, pivot ½ turn left stepping forward on left
8&1 Step right foot to right side, step together with left, step right foot to right side

ROCK AND RECOVER, ¼ LEFT SIDE TOGETHER FORWARD, SWEEP, STEP BEHIND, LOCKING TRIPLE FORWARD

2-3 Step left behind right, recover forward on right
4&5 Step left ¼ turn to left, step together with right, step left forward on ball of foot
6-7 Recover on right while sweeping left foot around, step left behind right
8&1 Step right foot forward, lock left foot behind right, step right foot forward

STEP PIVOT ½, SIDE TOGETHER, STEP ¼ LEFT FORWARD, ROCK & RECOVER, ¾ TURN RIGHT SHUFFLE IN PLACE

2-3 Step forward left, pivot ½ turn right stepping forward on right
4&5 Step left foot side, step right foot beside left, step left foot ¼ turn left
6-7 Rock forward on right, recover back on left
8&1 Shuffle right, left, right in place while turning ¾ turn to right

ROCK & RECOVER, LOCKING TRIPLE BACK, ROCK & RECOVER, STEP, LOCK

2-3 Rock forward on left, recover back on right
4&5 Step left foot back, step lock right across left, step left foot back
6-7 Rock back on right, recover forward on left
8& Step forward right, step lock left behind right

REPEAT

TAG

This will be done at the end of the second and fourth repetitions of the dance

1-2 Walk forward right, walk forward left
3&4 Rock forward right, recover back on left, step right foot beside left
5-6 Walk back left, walk back right
7&8 Rock back left, recover forward on right, step left foot beside right

1-2 Step right to side, step left beside right
3&4 Rock to side on right, recover on left, step right beside of left
5-6 Step left to side, step right beside left
7&8 Rock to side on left, recover on right, step left beside of right

ENDING

At the end of the 8th repetition (you will be facing 12:00) the dance ends during the last set of 8's. Do counts 1 through 5 which will have you ending with your right foot slightly in front of your left. Stop in this position and do three claps for 6&7

