

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Sarah Passalacqua (USA)
音乐: Gotta Tell You - Samantha Mumba



FOUR SHUFFLES FRONT

1-8 Starting on the right foot, four shuffles to the front using your hips

MONTEREY RIGHT, MONTEREY LEFT, SHAKE TO THE FRONT

1-4 Right foot points side, turn to the back, left foot points to the side, and crosses in the front
5-8 Shake shoulders while slowly turning to the front

VINE RIGHT, VINE LEFT, BALL CHANGE, LEFT HEEL, BALL CHANGE, STEP PIVOT WITH HOOK, STEP TOGETHER STEP

1-4 Step out on right foot, cross left foot behind, ball change to left heel, ball change back to right foot
5-6 Step pivot to the back with the left foot, hitch the right knee
7&8 Shuffle front

SAILOR SHUFFLE RIGHT, SAILOR SHUFFLE LEFT, HEEL, HEEL, TOUCH, TOUCH

1-4 Starting with the left foot, sailor shuffle two times
5-8 Left heel in the front, right heel in the front, touch the left foot to the side, touch right foot to the side

BODY ROLL WITH QUARTER TURN, BODY ROLL, CROSS SHUFFLE, SHUFFLE

1-2 Using the right foot, body roll with quarter turn to the left
3-4 Facing the new direction body roll again in place
5-6 Shuffle right foot crossing in front
7-8 Shuffle in place

REPEAT

Dancers can use "lasso" arm over the head while doing the body rolls

Dancers can also replace the third and the fourth shuffles in the first count of eight with a two count turn to the front
