

拍数: 0 墙数: 1 级数: Intermediate
 编舞者: EmCee (UK)
 音乐: If You Come To Me - Atomic Kitten



Sequence: AB, AB, AB, B

PART A

BACK, BACK, ROCK RECOVER STEP, ROCK RECOVER STEP, SAILOR TURN

1-2 Step left back, step right back
 3&4 Rock left behind right, recover weight on right, step left to left side
 5&6& Rock right behind left, recover weight on left, step right to right side
 7&8 Sweep left out ¼ turn left and step behind right, step right in place, step left forward (9:00)

STEP TURN STEP, SCISSOR STEP, SCISSOR STEP, LOCK STEP

1&2 Step forward on right, ½ turn left step on left, step forward on right (3:00)
 3&4 Rock left out to left side, recover weight on right, cross left in front of right
 5&6 Rock right to right side, recover weight on left, cross right in front of
 7&8 Lock step forward left right left

ROCK RECOVER TURN, MAMBO STEP, MAMBO STEP, ROCK RECOVER TURN

1&2 Rock forward on right, recover weight on left, ¼ turn right step forward on right (6:00)
 3&4 Step forward on left, step right in place, step back on left
 5-6 Step back on right, step left in place, step forward on right
 7&8 Rock forward on left, recover weight on right, ¼ turn left step forward on left (3:00)

ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER TURN

1-2 Rock forward on right, recover weight on left
 3&4 Step back on right, step left next to right, step back on right
 5&6 Rock back on left, recover weight onto right
 7&8 Rock forward on left, recover weight onto right ¼ turn left step forward on left (12:00)

ROCK RECOVER ¾ TURNING SHUFFLE, ROCK RECOVER, ¾ TURNING SHUFFLE

1-2 Rock forward on right, recover weight onto left
 3&4 ¼ turn right step on right, ¼ turn right step on left, ¼ turn right step forward on right (9:00)
 5-6 Rock forward on left, recover weight on right
 7&8 ¼ turn left step on left, ¼ turn left step on right, ¼ turn left step forward on left (12:00)

WALK WALK, SCISSOR STEP, SIDE TURN, COASTER STEP, TOUCH

1-2 Step forward on right, step forward on left
 3&4 Rock right to right side, recover weight on left, cross right in front of left
 5-6 Step left to left side, ¼ turn right step on right (3:00)
 7&8& Step back on left, step right next to left, step left forward, touch right next to left

PART B

WEAVE, ROCK RECOVER, BEHIND SIDE CROSS

1&2& Step right to right side, step left behind right, step right to right side, cross left in front of right
 3&4& Step right to right side, step left behind right, step right to right side, cross left in front of right
 5-6 Sway out onto right, sway on left
 7&8 Step right behind left, step left to left side, cross right in front of left

SWAY, SWAY, TURNING SAILOR STEP, SWAY, SWAY, COASTER STEP, TOUCH

- 1-2 Sway out onto left, sway back onto right
3&4 Step left behind right, ¼ turn left step right in place, ¼ turn left step on left (9:00)
5-6 Sway out onto right, sway back onto left
7&8& Step right back slightly behind left, step left next to right, step forward on right, touch left next to right

WEAVE, ROCK RECOVER, BEHIND SIDE CROSS

- 1&2& Step left to left side, step right behind left, step left to left side, cross right in front of left
3&4& Step left to left side, step right behind left, step left to left side, cross right in front of left
5-6 Sway out onto left, sway on right
7&8 Step left behind right, step right to right side, cross left in front of right

SWAY, SWAY, SAILOR TURN, ROCK RECOVER, COASTER

- 1-2 Sway out onto right, sway back onto left
3&4 Step right behind left, ¼ turn right step left in place, ¼ turn right step on right (3:00)
5-6 Rock forward on left, recover weight back on right
7&8 Step left back slightly behind right, step right next to left, step forward on left

TAG

Here you sway right, left, ¼ turn left, step on right, touch left next to right but omit between choruses
