

Idol Thoughts

拍数: 32 墙数: 4 级数: Improver social cha
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音乐: Nothin' to Lose - Josh Gracin



SYNCOPATED VINE, ROCK STEP, CROSS CHA-CHA

1 Lung left to left diagonal side
2 Recover on right
3&4 Step left behind right, step right to right side, step left in front of right
5 Rock right to right side
6 Recover on left
7&8 Cross right over left, step left to left side, cross right over left

STEP ¼ TURN, LEFT COASTER STEP, STEP ½ MODIFIED TURN, LEFT COASTER STEP

9 Step left making ¼ turn to the right
10 Step right next to left
11&12 Step back on left, step back on right, step forward on left
13-14 Step right forward, making ½ to the left keeping weight on right
15&16 Step left back, step right next to left, step left forward (left coaster step)

CROSS ROCK, STEP ¼ TURNS, STEP, CROSS CHA-CHA

17 Cross rock step with right
18 Recover on left
19 Step right making ¼ turn to the right
20 Step left making ¼ turn to the right
21 Recover on right
22-24 Cross left over right, step right, cross left over right

MODIFIED BOX STEP CHA-CHAS

25 Step right to right side
26 Slide left next to right
27&28 Shuffle forward right, left, right
29 Step left to left side
30 Touch right next to left
31&32 Shuffle back, right, left, right

REPEAT
