

Ideal Fate

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sandy Kerrigan (AUS)
音乐: Flying Without Wings - Westlife



SWEEP FORWARD, SWEEP FORWARD, ROCK FORWARD BACK, SWEEP BACK, SWEEP BACK, BACK ROCK, RECOVER, CROSS SIDE

- 1-2 Sweep right around cross over left, sweep left around cross over right
3&4-5-6 Rock forward right, recover left, step back right, sweep left around step back, sweep left around step back, sweep right around step back
7&8 Rock back to left to face front r45*, recover to right, cross left over right to 12:00

STEP SIDE, BACK ROCK, RECOVER, SIDE, BEHIND UNWIND ¾ RIGHT, ROCK FORWARD BACK, STEP BACK LEFT, WALK BACK RIGHT, WALK BACK LEFT

- &1-2 Step right to right side (wide step) 12:00, rock back left to face front left diagonal, recover to right 12:00
&3-4 Step left to left side, cross right behind left, unwind ¾ turn right to 9:00, weight to right
5-6&7-8 Rock forward to left, recover to right, step back left, walk back right, walk back left with your favorite leg action 9:00

TOGETHER, CROSS OVER, CROSS OVER, ROCK FORWARD ½ LEFT TURN, STEP BACK ½ TURN LEFT STEP FORWARD, FORWARD, STEP BACK, ¼ RIGHT STEP SIDE

- &1-2 Step right together, cross left over right, cross right over left (slightly) 9:00
3&4 Rock forward left, recover back to right, turning ½ left step forward left 3:00
5&6 Step back right, turning ½ left step forward left, step forward right 9:00
7-8 Step back left, turning ¼ right to 12:00 step right to right side (wide step)

TOGETHER, RIGHT SIDE ROCK, RECOVER, TOGETHER, LEFT SIDE ROCK, ROCK ¼ TURN RIGHT, ROCK FORWARD LEFT, RECOVER, ½ TURN LEFT WALK FORWARD, FORWARD, LEFT TOGETHER

- &1-2& Step left together, right side rock, recover to left, step right together 12:00
3-4 Rock left to side, turning ¼ right rock forward to right with a slight right hook outwards
5-6-7-8& Rock forward left, recover to right, turning ½ left step forward left, step forward right, step left together to face 9:00 wall

REPEAT
