

# Ichi Ban

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jolene Pearly Vun (MY)  
音乐: No.1 - Seiko Matsuda



Specially dedicated to Mr. & Mrs. Ng Min Chin from Penang Waterfall Line Dance Group

## SAILOR STEP (TWICE), HEEL, STEP, HEEL, POINT

1&2      Cross right behind left, step left to left side, step right to place  
3&4      Cross left behind right, step right to right side, step left to place  
5-6      Touch right heel diagonally forward, step right beside left  
7-8      Touch left heel diagonally forward, touch left beside right

## HIP BUMPS TO LEFT, HIP BUMPS TO RIGHT, BACK MAMBO, RIGHT MAMBO

1&2      Point left to left, step down on left (hip bumps left, right, left)  
3&4      Point right to right, step down on right (hip bumps right, left, right)  
5&6      Rock back on left, recover on right, step left beside right  
7&8      Rock right to right, recover on left, step right beside left

## KICK, CROSS, POINT TO SIDE (TWICE), BACK MAMBO, PIVOT ¼ TURN LEFT

1&2      Kick left forward, cross left over right, point right to right  
3&4      Kick right forward, cross right over left, point left to left  
5&6      Rock back on left, recover on right, step left beside right  
7&8      Step forward on right, recover on left with ¼ turn left, step right beside left

Facing 9:00

## TOE STRUT FORWARD (TWICE), FORWARD MAMBO, ½ TURN RIGHT, STOMP

1-2      Step forward on left toe, drop heel taking weight  
3-4      Step forward on right toe, drop heel taking weight  
5&6      Rock forward on left, recover on right, step back on left  
7-8      Step forward with ½ turn right, stomp left beside right

REPEAT