

I've Fallen And Can't Get Up

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: John Dembiec (USA)
音乐: I Slipped and Fell In Love - Alan Jackson



DIAGONAL STEPS FORWARD AND SCUFF (TWICE)

1-2 Step right forward to right diagonal, step left next to right
3-4 Step right forward to right diagonal, scuff left past right
5-6 Step left forward to left diagonal, step right next to left
7-8 Step left forward to left diagonal, scuff right past left

¼ TURN JAZZ BOX, SCUFF, JAZZ BOX, SCUFF

1-2 Step right across left, step left back
3-4 Step right to right making ¼ turn right, scuff left past right
5-6 Step left across right, step right back
7-8 Step left next to right, scuff right past left

SIDE ROCKS, ¼ TURN, STEP

1-2 Rock right to right, replace back to left
3-4 Step right behind left, rock left to left
5-6 Replace back to right, step left behind right
7-8 Step right to right making ¼ turn right, step left next to right

TOE-HEEL STRUTS, ¼ TURN JAZZ BOX

1-2 Touch right toe to right, place right heel down
3-4 Cross and touch left toe over right, place left heel down
5-6 Step right across left, step left back
7-8 Step right to right making ¼ turn right, step left next to right

REPEAT
