

I've Arrived

COPPER KNOB
BY STEPHEN HETS

拍数: 0 墙数: 4 级数: Intermediate/Advanced
编舞者: Diana Riley (CAN)
音乐: Get the Party Started - P!nk



Sequence: AABCB, AABCB, AABCB, CB, A to end of dance

PART A

16 count "chorus"

POINT RIGHT, RETURN, MONTEREY TURN, RIGHT BALL CROSS, RIGHT SHUFFLE, LEFT COASTER STEP, STEP RIGHT FORWARD, HALF TURN LEFT, STEP RIGHT FORWARD HALF TURN LEFT, TOUCH RIGHT BESIDE LEFT

- 1-2 Point right toe to right side, touch right toe beside left
- 3-4 Point right toe to right side, step right behind left while making half turn right
- 5-6 Point left toe to left side, step left behind right
- &7-8 Step right to right, cross left over right, step right to right
- &1 Step left beside right, step right to right
- 2&3 Step left back, step right back, step left forward
- 4-5 Step forward right, ½ turn to left
- 6-7-8 Step forward right, ½ turn to left, touch right beside left

PART B

16 count

TOES STRUTS RIGHT THEN LEFT, FULL TURN TO LEFT, JUMP OUT AND IN. STEP RIGHT TO RIGHT, LEFT BEHIND RIGHT, RIGHT BALL CROSS, POINT RIGHT TO RIGHT, LEFT BEHIND, KICK LEFT WITH ¼ TURN LEFT, LEFT COASTER STEP

- 1-4 Step right toe forward, drop heel, step left toe forward, drop heel
- 5-6 Step forward on right with full turn to left, step left forward
- &7&8 Step right to right, left to left, return right, return left
- 1-2 Step right to right, step left behind right
- &3-4 Step right to right, cross left over right, point right to right
- 5-6 Cross right behind left, kick left to left while making ¼ turn left
- 7&8 Step left back, step right back, step left forward

PART C

16 count

RIGHT SHUFFLE, STEP LEFT FORWARD, POINT RIGHT FORWARD, RIGHT RONDE WITH ½ TURN RIGHT, RIGHT SHUFFLE. LEFT COASTER, FORWARD ON RIGHT, HOLD, ½ TURN LEFT, BOUNCE UP DOWN

- 1&2 Step forward on right, step left beside right, step forward on right
- 3-4 Step forward on left, point right toe forward
- 5-6 Swing right foot along floor to right for ½ turn, touch right beside left
- 7&8 Step right to right, step left next to right, step right to right
- 1&2 Step left back, step right back, step left forward
- 3-4 Step forward on right, hold
- 5-6 Bending forward slightly, ½ turn to left, placing weight on left with right heel slightly elevated
- 7&8& Bounce right heel down, up, down, up