

# I'm Slowly Losing My Mind (P)

**COPPERKNOB**  
STEPSHEETS

拍数: 24      墙数: 0      级数: Partner  
编舞者: Tonny van Donk (NL)  
音乐: Losing My Mind - Scooter Lee



**Position: Sweetheart Right side by side**

## **BOTH: ROCKING CHAIR**

1-2      Rock right forward, replace weight back on left foot  
3-4      Rock right backward, replace weight back on left foot

## **STEP FORWARD, SLIDE, STEP FORWARD, TOUCH/½ TURN RIGHT**

5-6      **MAN:** Step right forward, slide left beside right  
          **LADY:** Step right forward, slide left beside right

## **Drop right hands**

7-8      **MAN:** Step right forward, ½ turn to the right on ball of right foot  
          **LADY:** Step right forward, touch left heel forward

## **STEP BACK/STEP FORWARD, TOE TOUCH BACKWARD/HEEL TOUCH FORWARD**

1-2      **MAN:** Step left backward, step right backward  
          **LADY:** Step left forward, step right forward  
3-4      **MAN:** Step left backward, touch right toe backward  
          **LADY:** Step left forward, touch right heel forward

## **½ TURN/STEP IN PLACE, TRIPLE IN PLACE**

5-6      **MAN:** Step right ¼ turn left, step left ¼ turn left  
          **LADY:** Step right in place, step left in place  
7-8      **BOTH:** Triple in place stepping right-left-right

## **BOTH:**

### **SHUFFLE FORWARD**

1&2      Shuffle forward stepping left-right-left  
3&4      Shuffle forward stepping right-left-right

## **SHUFFLE FORWARD, KICK BALL CHANGE/TURNING TRIPLE**

5&6      **BOTH:** Shuffle forward stepping left-right-left  
7&8      **MAN:** Right kick ball change  
          **LADY:** Turning triple to the left stepping right 1/3 turn left, left 1/3 turn left, right 1/3 turn left

## **REPLACE**

&      **LADY:** Replace weight back on left foot

## **REPEAT**