

I'm Ready

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Cleevely (UK)
音乐: I'm Ready - Albert Lee & Hogan's Heroes



STEP FORWARD RIGHT, TOUCH; STEP BACK LEFT, TOUCH; STEP BACK RIGHT, TOUCH; STEP FORWARD LEFT, TOUCH

1-2 Step forward on right diagonal, touch left toes behind right
3-4 Step back on left diagonal, touch right toes in front of left
5-6 Step back on right diagonal, touch left toes in front of right
7-8 Step forward on left diagonal, touch right toes behind left

RIGHT GRAPEVINE, KICK; LEFT GRAPEVINE, KICK

9-10 Step to the right side, cross left behind right
11-12 Step to the right side, kick left angling body to left diagonal
13-14 Step to the left side, cross right behind left
15-16 Step to the left side, kick right angling body to right diagonal

LEFT ¼ TURNING JAZZ BOX (TOE STRUTS)

17-18 Right toes touch forward, drop right heel (optional finger snaps)
19-20 Left toes touch forward 1/8 turn left, drop left heel (optional finger snaps)
21-22 Right toes touch back with 1/8 turn left, drop right heel (optional finger snaps)
23-24 Left toes touch next to right, drop left heel (optional finger snaps)

RIGHT POINTS, CLAP; RIGHT KNEE BENDS, HOLD

25-26 Point right toes to right side, touch right toes by left
27-28 Point right toes to right side, hold & clap
29-30 Turn right knee in, turn right knee out
31-32 Turn right knee in, hold

REPEAT
