

I'm On My Way

COPPER **KNOB**
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Julie Molkner (AUS)
音乐: I'm On My Way - The Proclaimers



FORWARD SHUFFLE, STEP FORWARD ¼ RIGHT, DIAGONAL HEEL TAP, SIDE STEP, CROSS KICK, BALL CHANGE, CROSS KICK

- 1&2 Shuffle forward on right foot
- 3-4 Step forward on left foot turning ¼ right, tap right heel diagonally forward right
- 5-6 Step right foot to right foot side, low kick left foot across right
- &7-8 Ball change (back on left foot, slightly to right foot side on right foot), low kick left foot across right

BALL CHANGE, SIDE STEP, DIAGONAL HEEL TAP, SIDE STEP DIP, DIAGONAL HEEL TAP, 4X HIP BUMPS

- &9-10 Ball change (back on left foot-to right side on right foot) step right foot to right side, tap left heel diagonally forward left
- 11-12 Step left foot to left side bending knees, straighten up to tap right heel diagonally forward right
- 13-16 Place right foot to side to bump hips right-left-right-left

FORWARD SHUFFLE, STEP FORWARD ¼ RIGHT, DIAGONAL HEEL TAP, SIDE STEP, CROSS KICK, BALL CHANGE, CROSS KICK

- 17&18 Shuffle forward on right foot
- 19-20 Step forward on left foot turning ¼ right, tap right heel diagonally forward right
- 21-22 Step right foot to right foot side, low kick left foot across right
- &23-24 Ball change (back on left foot, slightly to right foot side on right foot), low kick left foot across right

BALL CHANGE, SIDE STEP, DIAGONAL HEEL TAP, SIDE STEP DIP, DIAGONAL HEEL TAP, BACKWARD 'MOONWALK' TOE STRUTS

- &25-26 Ball change (back on left foot-to right side on right foot) step right foot to right side, tap left heel diagonally forward left
- 27-28 Step left foot to left side bending knees, straighten up to tap right heel diagonally forward right
- &29 Step back on right toe, drop right heel while popping left knee forward
- &30 Step back on left toe, drop left heel while popping right knee forward
- &31 Step back on right toe, drop right heel while popping left knee forward
- &32 Step back on left toe, drop left heel while popping right knee forward

CHASSE RIGHT, CROSS STEP, ½ RIGHT, SAILOR STEP, BALL CHANGE, SIDE STEP

- 33&34 Chasse shuffle to right stepping on right-left-right
- 35-36 Cross step left foot over right, unwind ½ right
- 37&38 Cross step right foot behind left, step left foot to left side, step right foot to right side
- &39-40 Cross step left foot behind right foot, step right foot in place, step left foot to left side

CHASSE RIGHT, CROSS STEP, ½ RIGHT, SAILOR STEP, BALL CHANGE, SIDE STEP

- 41&42 Chasse shuffle to right stepping on right-left-right
- 43-44 Cross step left foot over right, unwind ½ right
- 45&46 Cross step right foot behind left, step left foot to left side, step right foot to right side
- &47-48 Cross step left foot behind right foot, step right foot in place, step left foot to left side

SIDE STEP, STEP BEHIND, SYNCOPATED WEAVE, 2X SINGLE, LEFT VAUDEVILLES

- 49-50 Step right foot to right side, cross step left foot behind right foot
&51-52 Step right foot to right side, step left foot over right foot, step right foot slightly forward to right corner
&53 Step back on left foot, tap right heel diagonally forward right
&54 Step onto right foot, tap left toe beside right foot
&55 Step back on left foot, tap right heel diagonally forward right
&56 Step onto right foot, tap left toe beside right foot

STEP FORWARD, LOCKSTEP, ¼ RIGHT STEP FORWARD, LOCKSTEP, STEP FORWARD, PIVOT ½ RIGHT, SYNCOPATED FORWARD STEP TAPS

- 57-58& Step forward on left foot, lock right foot behind left foot, step forward on left foot
59-60& Turn ¼ right & step forward on right foot, lock left foot behind right foot, step forward on right foot
61-62 Step forward on left foot, pivot ½ right (weight on right foot)
&63 Step forward on left foot, tap right toe next to left foot
&64 Step forward on right foot, tap left toe next to right foot
& Step right foot slightly forward

REPEAT

FIRST BRIDGE

After wall two

- 1&2 Side shuffle right
3-4 Rock back, forward
5&6 Side shuffle left
7-8 Rock back, forward
1&2 Side shuffle right
3-4 Rock back, forward
5-6 Step forward on left, pivot ½ right
7-8 Step forward on left, pivot ½ right
17-32 Repeat all above 16 beats, but starting with left foot & side shuffle left first

SECOND BRIDGE:

After wall three

- 1-36 The same again, but replace the final two ½ turns (4 beats) with four ¼ turns (8 beats)
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