

# I'm In The Mood

**COPPERKNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate/Advanced  
编舞者: Steve Price (UK)  
音乐: I'm In the Mood for Dancing - The Nolans



## HEEL, TOE, SHUFFLE FORWARD, STEP ½ TURN, FULL TURN, STEP

1-2            Step right heel forward, step right toe back,  
3&4            Shuffle forward right-left-right  
5&6            Step left forward, ½ turn right on ball of right, stepping forward left  
7&8            Step back on right turning ½ left, pivoting on right foot, turn ½ left, stepping forward on left

## HEEL, TOE, SHUFFLE FORWARD, ROCK ¼ TURN, FULL TURN

9-10           Step right heel forward, step right toe back,  
11&12          Shuffle forward right-left-right  
13&14          Rock left forward and turn ¼ left, stepping left foot beside right  
15&16          (Traveling left) pivot ½ left on left, stepping right beside left, pivot ½ left on right, stepping left beside right

## CROSS SHUFFLE, ROCK, ¼ SAILOR, STEP PIVOT ¼, CROSS SHUFFLE

17&18          Cross right over left, step left next to right, cross right over left  
19&20          Rock left to left side, recover on right, cross left behind right, turn ¼ left, stepping right next to left, step left in place  
21-22          Step right forward and pivot ¼ left,  
23&24          Cross right over left, step left next to right, cross right over left

## ROCK, SAILOR STEP, POINT BEHIND, TURN ¾

25-26          Rock left to left side, recover on right,  
27&28          Step left behind right, step right in place, step left in place  
29-30          Point right toe behind left heel and  
31-32          Pivot ¾ right, step left next to right

## HEEL, TOE, SHUFFLE FORWARD, ROCK ½ TURN, FULL TURN, STEP

33-34          Step left heel forward, step right toe back  
35&36          Shuffle forward left-right-left  
37&38          Step right forward, ½ turn left on ball of left, stepping forward right  
39&40          Step back on left turning ½ right, pivoting on left foot, turn ½ right, stepping forward on right

## HEEL, TOE, SHUFFLE FORWARD, ROCK ¼ TURN, FULL TURN

41-42          Step left heel forward, step left toe back,  
43&44          Shuffle forward left-right-left  
45&46          Rock right forward and turn ¼ right, step right foot beside left  
47&48          (Traveling right) pivot ½ right on right, stepping left beside right, pivot ½ right on left, stepping right beside left

## CROSS SHUFFLE, ROCK, ¼ SAILOR, STEP PIVOT ¼, CROSS SHUFFLE

49&50          Cross left over right, step right next to left, cross left over right  
51&52          Rock right to right side, cross right behind left, turn ¼ right on right, stepping left next to right, step right in place  
53-54          Step left forward and pivot ¼ right on left,  
55&56          Cross left over right, step right next to left, cross left over right

## ROCK, SAILOR STEP, POINT BEHIND TURN ½

57-58 Rock right to right side, recover on left  
59&60 Step right behind left, step left in place, step right in place  
61-62 Point left toe behind right heel  
63-64 Pivot  $\frac{1}{2}$  right on right, step right next to left

**REPEAT**

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