

I'm In Love

COPPER KNOB
BY STEPHEN

拍数: 0 墙数: 2 级数: Intermediate
编舞者: Maggie Muir (UK)
音乐: Feels Like I'm In Love - Elli Luha



Sequence: AA, BA, BC, AA*, BC

SECTION A

HIP BUMPS UP AND DOWN WITH ARM MOVEMENTS

- 1& Step right foot diagonally forward bumping right hip up, at the same time sharply wave right hand out, bump hips back in an upward left diagonal direction bringing hand in
- 2 Bend knees slightly and bump right hip down to the right diagonal wave right hand down & out
- & Bump hips back to the left downwards diagonal bringing hand in
- 3& Straighten knees and bump right hip up to the right diagonal, right hand waves up and out, bump hips back left bringing hand in
- 4 Bend knees slightly and bump right hip down to the right diagonal sharply wave right hand down and out
- & Straighten up as you turn to face the left diagonal hitching left knee bring right hand back in
- 5-8 Repeat counts 1-4 leading with the left, i, e, : bump left hip up and down and up and down waving left hand out and in and out and in

RIGHT KICK BALL CHANGE TWICE, PADDLE TURNS (1 & ½) LEFT

- 9&10 Kick right foot forward, place weight onto right ball, change weight back onto the left
- 11&12 Kick right foot forward, place weight onto right ball, change weight back onto the left
- &13 On the left foot pivot ¼ turn left, touch right toe to the right
- &14 On the left foot pivot ½ turn left, touch right toe to the right
- &15 On the left foot pivot ½ turn left, touch right toe to the right
- &16 On the left foot pivot ¼ turn left, touch right toe to the right

If you do not like spins make ½ turn only over the four counts

'KNEES SHAKING' ANKLE BREAKS, TOUCH, TURN ¼ LEFT, KICK LEFT, LEFT COASTER STEP

- & Cross right over left locking ankles together stepping up onto toes
- 17&18 Shake hips down to feet rocking both feet right, left, right
- & Step quickly to the left and lock feet together as before
- 19&20 Shake hips down to feet rocking both feet right, left, right
- 21& Touch left foot out to the left, on right foot ¼ turn left
- 22 Kick left foot forward
- 23&24 Step left foot back, bring right beside left, step left foot forward

¼ TURN LEFT SHIMMY STEPS X 4, (WHOLE TURN IN TOTAL OVER 8 COUNTS)

- & On ball of left ¼ turn left
- 25-26 Step right foot right as you shimmy
- & On ball of right ¼ turn left
- 27-28 Step left foot left as you shimmy
- & On ball of left ¼ turn left
- 29-30 Step right foot right as you shimmy
- & On ball of right ¼ turn left
- 31&32 Step left foot left as you shimmy

VAUDEVILLE HOPS, ROCK FORWARD RIGHT RECOVER, TRIPLE ½ TURN RIGHT

- &33&34 Step left slightly back, cross right over left, step left to left, dig right heel forward

- &35&36 Step right in place, cross left over right, step right to right, dig left heel forward
- &37-38 Step left in place, rock right forward, recover onto left
- 39&40 Turning right cha-cha-cha ½ (right-left-right)

VAUDEVILLE HOPS, ROCK FORWARD LEFT RECOVER, TRIPLE ½ TURN LEFT

- &41&42 Step right slightly back, cross left over right, step right to side, dig left heel forward
- &43&44 Step left in place, cross right over left, step left to left side dig right heel forward
- &45-46 Step right in place, rock forward onto left, recover onto right
- 47&48 Turning left cha-cha-cha ½ turn (left-right-left)

SKIP RIGHT, SKIP LEFT, CHASSE RIGHT, SKIP LEFT, SKIP RIGHT, CHASSE LEFT ENDING WITH ¼ TURN LEFT

- 49 Hitch the right knee and skip to the right sliding left to meet
- 50 Hitch the left knee and skip to the left sliding right to meet
- 51&52 Right foot steps right, bring left to meet, right foot steps right
- 53 Hitch the left knee and skip to the left sliding right to meet
- 54 Hitch the right knee and skip to the right sliding left to meet
- 55&56 Left foot steps left, right foot steps beside left, step left to left turning ¼ left

On the chasse steps continue the 'skippy' feel

PIVOT ½ TURN LEFT, STEP RIGHT FORWARD, CROSS LEFT OVER RIGHT, FULL UNWIND, LEFT COASTER

- 57-58 Step right foot forward, pivot ½ turn left
- 59-60 Step right foot forward, cross left over right
- 61-62 Unwind full turn right keeping weight on right
- 63&64 Left foot steps back, bring right foot alongside, left foot steps forward

SECTION B

WALK RIGHT, WALK LEFT, PIVOT ½ LEFT, STOMP RIGHT, STOMP LEFT, APPLEJACKS TWICE

- 1 Walk forward right with foot directly in front of left
- 2 Walk forward left with foot directly in front of right
- 3-4 Step right foot forward, pivot ½ turn left
- 5-6 Stomp right in place, stomp left in place
- &7 Fan left toe left and at the same time bring left heel in, turn feet back into place
- &8 Fan right toe right and at the same time bring left heel in, turn feet back into place
- 9-16 Repeat counts 1-8

SECTION C

CHASSE RIGHT, LEFT AND RIGHT SAILOR STEPS, CROSS LEFT OVER RIGHT, FULL UNWIND

- 1&2 Right foot steps right, bring left to meet, step right to right
- 3&4 Step left behind right, step right beside left, step left foot forward
- 5&6 Step right behind left, step left beside right, step right foot forward
- 7-8 Cross left over right, unwind full turn right

An easier alternative to the full unwinds, cross rock left over right and recover

CHASSE LEFT, RIGHT AND LEFT SAILOR STEPS, CROSS RIGHT OVER LEFT, FULL UNWIND

- 9&10 Left foot steps left, bring right to meet, step left to left side
- 11&12 Step right behind right, step left beside right, step right foot forward
- 13&14 Step left behind right, step right beside left, step left foot forward
- 15-16 Cross right over left, unwind full turn left

An easier alternative to the full unwinds, cross rock right over left and recover

STOMPS WITH ARMS

- 17-20 Stomp right foot diagonally forward, over three counts slowly raise arms up
- 21-24 Stomp left foot diagonally forward, over three counts slowly lower arms

- 25-28 Stomp right beside left (without weight) feet slightly apart, over three counts slowly raise arms upwards
- 29-32 Over four counts bring arms back down putting in a 'jerky' movement as you bounce heels up and down rocking right, left, right, left

SECTION A*

This is the first 32 counts of section a. As you do the shimmy steps, on the last turn, turn $\frac{1}{2}$ instead of $\frac{1}{4}$ to keep you facing your 12:00 wall. This keeps it a two-wall dance

FINAL C

On the final section (Part C) the music runs out after count 16. Simply stop sharp and throw your arms in the air.
