

I'm Gonna

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Lana Harvey Wilson (USA)
音乐: I'm Gonna Knock On Your Door - Curtis Grambo



½ PIVOT, FORWARD, 2 CLAPS, ½ PIVOT, FORWARD, 1 CLAP

1-2 Step left forward, ½ pivot right weight ending on right
3&4 Step left forward, hold and clap twice
5-6 Step right forward, ½ pivot left weight ending on left
7-8 Step right forward, hold and clap once

TOE TOUCHES, ¼ TURN COASTER, FORWARD ROCK, RECOVER, ¼ TURN WALK FORWARD

9-10 Touch left toe forward, touch left toe to left side
11&12 Turning ¼ left step back on left, step right next to left, step forward on left
13-14 Rock forward onto right, recover weight back onto left
15-16 Turn ¼ right on ball of left stepping forward on right, step forward on left

FORWARD ROCK, SHUFFLE ½ TURN, SIDE ROCK, CROSS SHUFFLE

17-18 Rock forward on right, recover back left
19&20 Shuffle right-left-right in place turning ½ right
21-22 Rock to left side on left, recover on right
23&24 Cross step left over right, step right slightly right, cross step left over right

SIDE SHUFFLE BACK ROCK, RECOVER TWICE

25&26 Shuffle right-left-right to right side
27-28 Rock back on left behind right, recover forward on right
29&30 Shuffle left-right-left to left side
31-32 Rock back on right behind left, recover forward on left

STEP, KICK, STEP, KICK, ¼ TURN JAZZ SQUARE WITH SCUFF

33-34 Step right, kick left across right
35-36 Step left, kick right across left
37-38 Step right across left, step back on left
39-40 Turn ¼ right stepping right forward, scuff left forward

ROCKING CHAIR, WALK FORWARD, HOLD/CLAP

41-42 Rock forward on left, recover back on right
43-44 Rock back on left, recover forward on right
45-48 Walk or stomp forward, left, right, left, hold (optional clap)

½ TURN MONTEREY, TOUCH, ¼ PIVOT HOOK, SHUFFLE

49-50 Touch right to right, ½ turn right stepping right next to left
51-52 Touch left to left, step left next to right
53-54 Touch right to right, turn ¼ right on ball of left and hook right over left
55&56 Shuffle forward right-left-right

ROCK FORWARD, RECOVER, WALK BACK, ROCK BACK, RECOVER, WALK FORWARD

57-58 Rock forward on left, recover back on right
59-60 Walk back left, right
61-62 Rock back on left, recover forward right
63-64 Walk forward left, right

REPEAT
