

# I'm Feeling Good

**COPPER** KNOB  
STEPSHEETS

拍数: 40      墙数: 4      级数: Intermediate  
编舞者: Diane Kale (USA)  
音乐: Feeling Good - Michael Bublé



## 16-COUNT INTRO

- 1-2      Touch right toe forward, step right diagonal right
- 3-4      Touch left toe forward, step left diagonal left
- 5-6      Cross rock right over left, rock back on left
- 7&8      Sailor ½ left stepping back on right (right, left, right) (6:00)
- 1-8      Repeat above 8 counts with left foot lead (12:00)

## MAIN DANCE

### WALK, WALK, BACK LOCK STEP, TOUCH AND TOUCH, STEP, TOUCH, ¼ TURN LEFT

- 1-2      Walk forward right, walk forward left
- 3&4      Step back on right, cross left over right, step back right
- 5&6      Left toe touch side left, step right next to left, right toe touch side right
- 7&8      Right step to right, touch left toe to side left as you turn ¼ turn left, (weight stays on right) (9:00)

Styling: 7&8 do a side body roll with ¼ turn left

### LEFT SAILOR STEP, TOUCH, TOUCH, RIGHT SAILOR STEP, ROCK BACK, RECOVER, STEP FORWARD

- 1&2      Step left behind right, step right side right, step left foot side left
- 3-4      Right toe touch across left, right toe touch to side right
- 5&6      Step right behind left, step left side left, step right to side right
- 7&8      Rock back on left, rock forward onto right, step forward left

### STEP, ½ TURN RIGHT, STEP, CROSS ¼ LEFT, STEP ¼ RIGHT, STEP, PIVOT ½ RIGHT, STEP CROSS ¼ RIGHT, UNWIND

- 1-2      Step forward right, bringing feet together turn ½ turn right, transferring weight to left (3:00)
- &3-4      Step forward right, cross left over right facing ¼ left (12:00), step right forward ¼ turn right (3:00)
- 5-6      Step forward left, pivot ½ turn right stepping forward on right (9:00)
- &7-8      Step forward left, cross right over left turning ¼ right (12:00) unwind ½ turn left (6:00) take weight on left

### HEEL JACK, STEP, TOUCH, STEP, HEELS TWICE

- 1&2      Cross step right over left, step back left, touch right heel right diagonal
- &3&4      Step onto right, cross touch left toe behind right heel, step back onto left, touch right heel to right diagonal
- &5&6      Step back on right, cross step left over right, step back right, touch left heel left diagonal
- &7&8      Step onto left, cross touch right toe behind left heel, step back onto left, touch left heel to left diagonal

### STEP, LUNGE, RECOVER, LOCK STEP BACK, SWEEP, ROCK, TOUCH, TURN AND STEP

- &1-2      Step back on left, lunge forward on right, rock back on left and kick right forward (low kick)
- 3&4      Step back on right foot, cross lock left foot over right foot, step back on right foot
- 5-6      Sweep left back, take weight on left
- 7&8      Right rock to side right, touch left toe to side left, turn ¼ left taking weight forward onto left (3:00)

Styling: 7&8 do a side body roll with ¼ turn left

## REPEAT

### TAG

After wall 1 (you will be on the 3:00 wall)

#### TOUCH STEPS

1-2-3-4 Touch right forward, step right to right diagonal, touch left forward, step left to left diagonal

### TAG

After wall 2 (you will be on the 6:00 wall)

#### TOUCH STEPS, ROCK STEP, RECOVER, RIGHT COASTER STEP, STEP

1-2-3-4 Touch right forward, step right to right diagonal, touch left forward, step left to left diagonal

5-6 Right cross rock over left, rock back on left

7&8& Step back right foot, step left foot next to right foot, step forward right foot, step left next to right

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