

I'm Dancing

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Improver
编舞者: Mike Sliter (USA)
音乐: She's Cool - Little Texas



TWO RIGHT ¼ KICK-BALL-TURNS, CROSS & UNWIND, HIP BUMPS

- 1&2 Kick right foot forward, Step lightly on ball of right foot; Step on left into ¼ turn to the left
3&4 Kick right foot forward, Step lightly on ball of right foot; Step on left into ¼ turn to the left
5-6 Cross right foot in front of left (weight on right); Unwind ½ turn to the left (keep weight on right)
7&8 Step left slightly forward (10 o'clock) and bump left hip; Quickly bump right hip back to center, Bump left hip forward

FORWARD SWAY-BUMPS

- 9&10 Step right slightly forward (2 o'clock) and bump right hip; Quickly bump left hip back to center, Bump right hip forward
11&12 Step left slightly forward (10 o'clock) and bump left hip; Quickly bump right hip back to center, Bump left hip forward
13&14 Step right slightly forward (2 o'clock) and bump right hip; Quickly bump left hip back to center, Bump right hip forward
15&16 Step left slightly forward (10 o'clock) and bump left hip; Quickly bump right hip back to center, Bump left hip forward

SAILOR STEPS, ½ TURN, RIGHT BUMPS

- 17&18 Step right foot behind left; Step lightly on left; Step right foot to the right side
19&20 Step left foot behind right; Step lightly on right; Step left foot to the left side
21-22 Touch right toe behind left; Unwind ½ turn to the right

IMPORTANT - keep weight on left foot

- 23&24 Step right foot slightly to the right side and bump; Quickly bump left hip back to center, Bump right hip to the right side (weight on right)

1 ¼ LEFT ROLLING VINE, BOX STEP

- 25-26 Begin 1¼ rolling vine to the left with a ¼ turn left; Continue turning with a ½ turn left
27&28 Complete turn with a ½ turn left (weight is on left); Quickly step right next to left; Step left foot next to right
29-30 Step forward on right foot; Step left forward next to right but shoulder width apart
31-32 Step back on right foot; Step back on left foot next to right but shoulder width apart

SYNCOPATED RUNNING GRAPEVINES LEFT AND RIGHT

(NOTE: The following two grapevines are done in quick time)

- 33&34 Step right foot into a ¼ turn to the right; Cross left foot in front of right; Step right foot to the side
35-36 Rock back on left foot behind right foot Rock forward on right
37&38 Step left foot to the left side; Cross right foot in front of left; Step left foot to the side
39-40 Rock back on right foot behind left foot; Rock forward on left foot

REPEAT