

I'm Already There

COPPER **KNOB**
BY STEPHEN BRETZ

拍数: 0 墙数: 1 级数: Intermediate
编舞者: Helena Jeppsson (SWE)
音乐: I'm Already There - Lonestar



Sequence: AB AC AB ABC AA (to count 4 section 4)

PART A

BASIC NIGHT CLUB RIGHT, FULL TURN LEFT WITH HITCH, CROSS, FULL TURN LEFT WITH SWEEP

- 1 Big step right to side
- 2& Step left back, cross right over left
- 3& Turn ¼ left and step left forward, hitch right knee (9:00)
- 4& Turn ½ left and step right back, turn ¼ left and step left to side
- 5-6 Cross right over left, hold

You're preparing for the full spiral turn

- 7 Spiral turn a full turn left

Sweep left foot

BEHIND, ¼ TURN RIGHT, FULL SPIRAL TURN RIGHT, WALK TWICE, ROCK STEP, ½ TURN RIGHT, ¾ TURN RIGHT WITH SWEEP

- 8& Step left behind right, turn ¼ right and step right forward (3:00)
- 1 Step left forward
- &2 Spiral turn a full turn right, step right forward (3:00)
- &3-4 Step left forward, rock right forward, recover onto left
- &5 Step right back, step left back
- 6& Turn ½ right and step right forward, step left forward
- 7 Turn ¾ right (6:00)

Sweep right foot

CROSS ROCK, BASIC NIGHT CLUB RIGHT, SWAYS, ¼ TURN LEFT WITH KICK, ¾ TURN LEFT

- 8&1 Cross/rock right behind left, recover onto left, step right to side
- 2& Cross left behind right, cross right over left
- 3&4& Step left to side, sway hips right, left, right (weight to right)
- 5 Turn ¼ left and kick left forward
- 6& Step left forward, turn ½ left and step right back
- 7 Turn ¼ left and step left to side (6:00)

CROSS, ¼ TURN RIGHT, POINT, SLOW ¼ TURN RIGHT, FULL TURN LEFT WITH SWEEP, ROCKING CHAIR

- 8&1 Cross right over left, turn ¼ right and step left back, touch right toe back
- 2-3-4 Turn ¼ right over 3 counts (weight to right)
- 5 Turn ¼ left (weight to left)
- 6 Turn ¾ left

Sweep right foot. You have completed a full turn

- 7& Rock right diagonally forward, recover onto left (10:30)
- 8& Cross/rock right behind left, recover onto left

PART B

DIAMOND FALLAWAY

- 1 Step right to side
- 2& Cross left behind right, step right back (facing 10:30)
- 3 Turn 1/8 left and step left to side (facing 9:00)

- 4& Cross right over left, step left diagonally forward (facing 7:30)
- 5 Turn 1/8 left and step right to side (facing 6:00)
- 6& Cross left behind right, step right back (facing 4:30)
- 7 Turn 1/8 left and step left to side (facing 3:00)

FULL TURN LEFT WITH SWEEP, BEHIND, SIDE, ROCKING CHAIR, ¼ TURN RIGHT BASIC NIGHT CLUB, ¼ TURN RIGHT, ¾ TURN LEFT

- 8&1 Cross right over left, unwind a full turn left, sweep left from front to back
- 2& Cross left behind right, step right to side
- 3& Cross/rock left over right, recover onto right (facing 4:30)
- 4& Rock left back, recover onto right
- 5 Turn 1/8 right and step left to side (facing 6:00)
- 6& Cross/rock right behind left, recover to left
- 7 Turn ¼ right and step right forward (facing 9:00)
- 8 Turn ¾ left (weight to left) (facing 12:00)

BASIC NIGHT CLUB RIGHT AND LEFT, ¼ TURN RIGHT, ½ TURN LEFT, ¾ TURN RIGHT

- 1-2& Step right to side, cross/rock left behind right, recover onto right
 - 3-4& Step left to side, cross/rock right behind left, recover onto left
 - 5 Turn ¼ right and step right forward (3:00)
 - 6& Step left forward, turn ½ right (weight to right, 9:00)
 - 7 Step left forward
 - 8& Step right forward, turn ¾ left (weight to left, 12:00)
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