

I'm Alive

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Keith Strobe (UK)
音乐: I'm Alive - Céline Dion



WALK TWICE, RIGHT MAMBO STEP, LEFT BACK LOCK STEP, TOUCH ½ TURN RIGHT

1-2 Walk forward right, walk forward left
3&4 Rock forward on right, rock back onto left, step right beside left
5&6 Step back on left, step right across in front of left, step back on left
7 Touch right toe back
8 On ball of left pivot ½ turn right, (weight remains on left)

RIGHT FORWARD SHUFFLE, ROCK & CROSS, ½ RIGHT MONTEREY TURN, LEFT LOCK STEP

9&10 Step forward on right, step left beside right, step forward on right
11&12 Rock left to left side, rock back onto right, cross left over right
13-14 Touch right toe to right side, pivot ½ turn right stepping right beside left
15&16 Step forward on left, lock right behind left, step forward on left

TOE TOUCHES, SYNCOPATED TOE TOUCHES, BACK SHUFFLE, COASTER STEP

17-18 Touch right toe forward, touch right toe to right side
19&20 Touch right toe beside left, touch right toe to right side, touch right to beside left
21&22 Step back on right, step left beside right, step back on right
23&24 Step back on left, step right beside left, step forward on left

SIDE, BEHIND, ¼ TURN SHUFFLE, ROCK STEP, TRIPLE ½ TURN

25-26 Step right to right side, cross step left behind right
27&28 Step right ¼ turn right, step left beside right, step forward right
29-30 Rock forward on left, rock back onto right
31&32 Triple ½ turn left stepping - left, right, left

REPEAT

BIG FINISH:

To fit with the music, after the ninth wall do the following

1-2 Walk forward right, walk forward left
3&4 Rock forward on right, rock back onto left, step right beside left
5 Touch left toe back bending knees
6-8 Unwind ¾ turn over left shoulder, straightening knees as you turn

Arms: held out to the side during unwind

You will end up facing the home wall.