

I'm Alive

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bob Bonett (USA)
音乐: I'm Alive - Céline Dion



SIDE RIGHT SHUFFLE, ROCK RECOVER, TWO HALF PIVOTS

1&2 Step right to side step left next to right, step right to side
3-4 Rock back on left, recover on right
5-6 Step forward on left do half pivot to right
7-8 Step forward on left do half pivot to right

SIDE LEFT SHUFFLE, ROCK RECOVER, TWO HALF PIVOTS

1&2 Step left to side step right next to left step left to side
3-4 Rock back on right recover on left
5-6 Step forward on right do half pivot to left
7-8 Step forward on right do half pivot to left

COASTER FORWARD, COASTER BACK, STRUTS WITH HIP BUMPS

1&2 Step forward on right step left next to right step back right
3&4 Step back on left step right next to left step forward left
5-6 Step forward on right toe, step down on right heel(bumping hips right, left, right)
7-8 Step forward on left toe step down on left heel(bumping hips left, right, left)

KICK BALL TOUCHES, SAILOR STEPS WITH ¼ TURN

1&2 Kick right foot forward, step right in place, touch left toe to side
3&4 Kick left foot forward, step left in place, touch right to side
5&6 Step right behind, step left to side, step right next to left
7&8 Step left behind right step right to side while turning ¼ to right step left to side

REPEAT
