

I'm Alive

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Gordon Elliott (AUS)
音乐: I'm Alive - Céline Dion



FORWARD, FORWARD, SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD

1-2 Step right forward, step left forward
3&4 Shuffle forward: right-left-right
5-6 Pivot: step left forward, turn ½ turn right take weight onto right
7&8 Shuffle forward: left-right-left

SAMBA STEP, SAMBA STEP, PIVOT TURN, QUICK PIVOT, QUICK PIVOT

1&2 Step right across in front of left, step left to the side, step right to the side
3&4 Step left across in front of right, step right to the side, step left to the side
5-6 Pivot: step right forward, turn ½ turn left take weight onto left
7& Quick pivot: step right forward, turn ½ turn left take weight onto left
8& Quick pivot: step right forward, turn ½ turn left take weight onto left

ACROSS, SIDE, BEHIND-SIDE-ACROSS, HIP, HIP, HIP, HIP

1-2 Step right across in front of left, step left to the side
3&4 Step right behind left, step left to the side, step right across in front of left
5-6 Step left to the side push hips left, push hips right
7-8 Push hips left, push hips right

ACROSS, SIDE, BEHIND-SIDE-ACROSS, HIP, HIP, HIP, HIP

1-2 Step left across in front of right, step right to the side
3&4 Step left behind right, step right to the side, step left across in front of right
5-6 Step right to the side push hips right, push hips left
7-8 Push hips right, push hips left

VAUDEVILLES, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1& Step right across in front of left, step left back at 45 degrees
2& Touch right heel at 45 degrees, step right back
3& Step left across in front of right, step right back at 45 degrees
4& Touch left heel at 45 degrees, step left together
5-6 Step right forward, rock back onto left
7&8 Turn ½ turn right shuffle forward: right-left-right

VAUDEVILLES, FORWARD, ROCK BACK, ½ TURN SHUFFLE

1& Step left across in front of right, step right back at 45 degrees
2& Touch left heel at 45 degrees, step left back
3& Step right across in front of left, step left back at 45 degrees
4& Touch right heel at 45 degrees, step right together
5-6 Step left forward, rock back onto right
7&8 Turn ½ turn left shuffle forward: left-right-left

FORWARD, BACK, FULL TURN TRIPLE, FORWARD, BACK, FULL TURN TRIPLE

1-2 Step right forward, rock back onto left
3&4 Turning full turn right triple step: right-left-right
5-6 Step left forward, rock back onto right
7&8 Turning full turn left triple step: left-right-left

ACROSS, TOUCH, ACROSS, TOUCH, ACROSS, BACK, ½ TURN SHUFFLE

- 1-2 Step right across in front of left, touch left toe to the side
- 3-4 Step left across in front of right, touch right toe to the side
- 5-6 Step right across in front of left, step left back
- 7&8 Turn ½ turn right shuffle forward: right-left-right

ACROSS, TOUCH, ACROSS, TOUCH, ACROSS, BACK, COASTER STEP

- 1-2 Step left across in front of right, touch right toe to the side
- 3-4 Step right across in front of left, touch left toe to the side
- 5-6 Step left across in front of right, step right back
- 7&8 Coaster: step left back, step right together, step left forward

REPEAT

TAG & RESTART

On wall 4 dance the first 8 beats, then add the following 4 beat tag and then restart the dance (facing the front):

- 1-2 Step right forward, rock back onto left, step right back, rock forward onto left
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