

I'm Alive

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Kevin S. Ward (USA) & Rena Ward (USA)
音乐: I'm Alive - Céline Dion



Start the dance 24 counts after the drum starts

STEP, SLIDE &, STEP, SLIDE &, CROSS, SIDE, ¼ TURN, STEP

1-2& Big step right to right side, drag left foot towards right, step left behind right
3-4& Big step right to right side, drag left foot towards right, step left behind right
5-6 Step right across in front of left, step left to left
7&8 Step right behind left, while making ¼ turn left step left forward, step right forward

TOUCH, TOUCH, ½ TURN SAILOR, PENDULUM KICKS

1-2 Touch left toe forward, touch left toe to left side
3&4 Step left behind right making ¼ turn left, step right in place making ¼ turn left, step left forward
5-6 Kick right forward, kick right back
7-8 While making ¼ turn left kick right to right side, while making ¼ turn left kick right forward

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, STEP, ½ TURN, TURN, TURN, ROCK, RECOVER

1&2 Step forward right, step left next to right, step forward right
3-4 Step forward left, making ½ turn right step forward right
5-6 While making ½ turn right step forward left, while making ½ turn right step forward right
7-8 Rock forward left, recover back on right

OUT, CROSS, BACK, OUT, CROSS, BACK, SIDE, TOUCH

1-2 Step left back and out to left side, cross right over left
3-4 Step left back, step right back and out to right side
5-6 Cross left over right, step right back
7-8 Step left to left, touch right next to left

REPEAT

TAG

At the end of the 7th wall (facing 9:00) hold 4 counts. I like to step my right slightly to right and slowly raise my arms for the 4 counts