I'm Addicted



拍数: 72 墙数: 2 级数: Intermediate

编舞者: Lesley Clark (SCO)

音乐: Addicted To Love - Kimber Clayton



KICK AND POINT RIGHT & LEFT, KICK AND POINT RIGHT TWICE

1&2 Kick right foot forward, bring back in place, point left toe to left side 3&4 Kick left foot forward, bring back in place, point right toe to right side 5&6 Kick right foot forward, bring back in place, point left toe to left side

&7&8 Bring left foot back in place, kick right foot forward, bring back in place, point left toe to left

side

LEFT AND RIGHT SAILOR STEPS, STEP PIVOT TWICE

1&2 Left sailor step3&4 Right sailor step

5-6 Step forward on to left foot, pivot ½ turn right 7-8 Step forward onto left foot, pivot ½ turn right

KICK AND POINT LEFT & RIGHT, KICK AND POINT LEFT TWICE

1&2 Kick left foot forward, bring back in place, point right toe to right side
3&4 Kick right foot forward, bring back in place, point left toe to left side
5&6 Kick left foot forward, bring back in place, point right toe to right side

&7&8 Bring right foot back in place, kick left foot forward, bring back in place, point right toe to right

side

RIGHT AND LEFT SAILOR STEPS, STEP PIVOT TWICE

1&2 Right sailor step3&4 Left sailor step

5-6 Step forward on right foot, pivot ½ turn left 7-8 Step forward on right foot, pivot ¼ turn right

ROCK, RECOVER, COASTER STEP RIGHT AND LEFT

1-2 Rock forward on right foot, recover on left foot

3&4 Right coaster step

5-6 Rock forward on left foot, recover on right foot

7&8 Left coaster step

RIGHT SHUFFLE, ROCK, RECOVER, TOE ½ TURN, RIGHT SHUFFLE

1&2 Right shuffle forward

3-4 Rock forward on left, recover on right

5-6 Touch left toe behind right foot, pivot ½ turn left (place weight onto left foot)

7&8 Right shuffle forward

ROCK, RECOVER, COASTER STEP LEFT AND RIGHT

1-2 Rock forward on to left foot, recover on right foot

3&4 Left coaster step

5-6 Rock forward on to right foot, recover on left foot

7&8 Right coaster step

LEFT SHUFFLE, ROCK, RECOVER, TOE 3/4 TURN, LEFT SHUFFLE

1&2 Left shuffle forward

3-4 Rock forward on to right foot, recover on left foot

5-6 Touch right toe behind left foot, pivot ¾ turn right (place weight onto right foot)

7&8 Left shuffle forward

ROCK, RECOVER, BEHIND AND IN FRONT RIGHT AND LEFT

1-2 Rock out to right side, recover on left foot

3&4 Step right foot behind left, step left to left side, step right in front of left

5-6 Rock out to left side, recover on right foot

7&8 Step left behind right, step right to right side, step left in front of right

REPEAT

Start the dance on the first strong beat for the track "Addicted To Love", just after she screams.