

# I'm About To Freak

**COPPER KNOB**  
BYEFOOTETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Freak - The Audiofreaks & Robbie Craig



## CROSS ½ TURN, SHUFFLE, ROCK SHUFFLE 1 ¼ TURN

1-2            Step right over left, step left to left side making a ½ turn right  
3&4           Side shuffle right on right, left, right  
5-6           Cross rock left over right, rock back on to right  
7&8           Make a ¼ turn left stepping forward on left, make a ½ turn left stepping back on right, make a ½ turn left stepping forward on left

## SLOW PIVOT ½ TURN, WALK WALK, MAMBO STEP

1-4            Step forward on right, hold, pivot ½ turn left, hold  
5-6            Walk forward on right, left  
7&8            Step forward on right, rock back on left, step back on right

## ½ TURN, ¼ TURN, ½ TURN, SAILOR ¼

1-2            Make a ½ turn left touching left toe forward, step down on left  
3-4            Make a ¼ turn left touching right toe to right side, step down on right  
5-6            Make a ¼ turn left stepping forward on left, make a ¼ turn left stepping right to right side  
7&8            Left sailor step making a ¼ turn left

## KICK AND STEP, WALK TWICE, KICK BACK SIDE, BODY ROLL

1&2            Kick right out to right side, step right next to left, step forward on left  
3-4            Walk forward on right, left  
5&6            Kick right forward, step back on right, step left to left side  
7-8&          Body roll to right over 2 counts weight ends on right, step left next to right

**REPEAT**

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