

It Don't Get Better

拍数: 32 墙数: 4 级数: Improver
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音乐: It Don't Get Better Than This - Rodney Crowell



STEP, TOGETHER, SIDE SHUFFLE, ROCKING CHAIR

1-2 Step right to right side, step left next to right
3&4 Step right to right side, step left next to right, step right to right side, (side shuffle)
5-6-7-8 Rock/step left forward, recover back on to right, rock/step left back, recover forward on to right

ROCK, ROCK, SHUFFLE ACROSS, ROCK, ROCK, ¼ TURN SAILOR STEP

1-2- Rock/step left to left side, recover on to right
3&4 Step left across front of right, step right next to left, step left across front of right (cross shuffle)
5-6 Rock/step right to right side, recover on to left
7&8 Turning ¼ turn right step right behind left, step left to left side, step right center (turning sailor)

KICK & TOUCH, KICK & TOUCH, JAZZ BOX

1&2- Kick left forward, step left together, touch right toe to right side
3&4 Kick right forward, step right together, touch left toe to left side
5-6-7-8 Step left across front of right, step right back, step left to left side, step right together

STEP FORWARD, ½ PIVOT, SHUFFLE FORWARD, STEP SIDE HIP BUMPS TWICE, HIP BUMPS TWICE LEFT

1-2 Step left forward, turn ½ right taking weight on to right
3&4 Step left forward, step right next to left, step left forward, (shuffle)
5-6 Step right to right side bumping hips to right, bump hips to right
7-8 Rock to left to left side bumping hips to left, bump hips to left

REPEAT

FINISH

On the last wall, after count 28, turn ¼ right and do hip bumps facing front
