It Ain't What You Do

级数: Beginner

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拍数: 32

音乐: It Ain't What You Do It's the Way That You Do It - Fun Boy Three & Bananarama

WALK RIGHT, LEFT, RIGHT SHUFFLE, LEFT FORWARD MAMBO, RIGHT BACK MAMBO

Walk forward right, walk forward left 1-2

Option - swing arms and click fingers as you are walking

- 3&4 Step right forward, step left next to right, step right forward
- 5&6 Rock left forward, recover weight on right, step left next to right
- 7&8 Rock right back, recover weight on left, step right next to left

WALK LEFT, RIGHT, LEFT SHUFFLE, CROSS, BACK, BACK, TOUCH

Walk forward left, walk forward right 1-2

Option - swing arms and click fingers as you are walking

- 3&4 Step left forward, step right next to left, step left forward
- 5-8 Cross step right over left, step left back, step right back, touch left next to right
- Option slap hands on sides of thighs as you touch

SIDE CHASSE, ROCK BACK AND RIGHT SIDE, BEHIND, SIDE, CROSS SHUFFLE

- 1&2 Step left to left side, step right next to left, step left to left side
- 3&4 Rock right behind left, recover weight on left, step right to right side
- 5-6 Cross step left behind right, step right to right side
- 7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK, RECOVER, RIGHT COASTER STEP, STEP ½ PIVOT, LEFT SHUFFLE

- 1-2 Rock right to right side, recover weight on left
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Step left forward, pivot 1/2 turn to right
- 7&8 Step left forward, step right next to left, step left forward

REPEAT





墙数: 2