

It Ain't Pretty

拍数: 64 墙数: 4 级数: Improver
编舞者: Wendy Dee (CAN)
音乐: Pretty Vegas - INXS



SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1-4 Shuffle side right, left, right, rock back left, step right
5-8 Shuffle side left, right, left, rock back right, step left

ROCK, STEP, CROSS, TOUCH

9-12 Rock to the right onto right, step weight onto left, cross right over left, touch left

STEP LEFT, DRAG RIGHT, STEP LEFT, DRAG RIGHT

13-16 Step to the left (lean shoulder down and dip to left), drag right to left, step to the left(lean shoulder down and dip to left), touch right beside left

EXTENDED VINE TO THE RIGHT

17-24 Step side right, cross left behind, step right, cross left over right, step right, cross left behind, step right, step left

ROCK, STEP, STOMP, STOMP, STOMP

25-26-27&28 Rock back onto right, step left, stomp right 3 times

STEP ½ TURN, STEP ½ TURN

29-32 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left

BUMP HIPS RIGHT & RIGHT & RIGHT & RIGHT

33&34&35&36 Bump hips right, left, right, left, right, left, step onto right (as you hitchhike with right thumb)

BUMP HIPS LEFT & LEFT & LEFT & LEFT

37&38&39&40 Bump hips left, right, left, right, left, step onto left (as you hitchhike with left thumb)

SHUFFLE FORWARD RIGHT, LEFT, RIGHT SHUFFLE LEFT, RIGHT, LEFT

41&42 Shuffle forward right, left, right
43&44 Shuffle forward left, right, left

CROSS RIGHT, STEP LEFT, ROCK ¼ TURN RIGHT ONTO RIGHT, STEP LEFT

45-48 Cross right over left, step left, rock ¼ turn right back onto right, step forward onto left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT SHUFFLE LEFT, RIGHT, LEFT

49&50 Shuffle forward right, left, right
51&52 Shuffle forward left, right, left

STEP FULL TURN, STEP HALF TURN

53-54 Step forward right, pivot full turn left onto left
55-56 Step forward right, pivot ½ turn left (ending up from where full turn started)

WALK RIGHT, LEFT, KICK RIGHT, TOUCH RIGHT

57-60 Walk forward right, left, kick right forward, touch right beside left

TURN, KICK, STOMP, STOMP

61-64 Pivot ½ turn left on left foot, kick right forward, step down right, step down left

REPEAT

RESTART

Restart after count 16 (step, slide, step, slide) after 5th wall
