

# Israelites

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Paulette Hylands (UK)  
音乐: Israelites - Desmond Dekker & The Aces



Dance starts after 34 counts (not easy to count in, but you'll hear it)

## RIGHT POINT, HITCH, TOUCH, STEP, LEFT POINT, HITCH, TOUCH, STEP

- 1-2      Point right toes to right side, hitch right while slightly hopping back on left
- 3-4      Point right toes across left (lean back), step right foot down
- 5-6      Point left toes to left side, hitch left while slightly hopping back on right
- 7-8      Point left toes across right (lean back), step left foot in front of right

## JAMAICAN STYLE KNEE POPS, RIGHT HALF TURN SWIVEL WITH HEEL BOUNCES

- 1-2      Bend over slightly and pop knees outwards, then inwards
- 3-4      Pop knees outwards, then inwards (this is done quite loosely with arms a-swingin')
- 5-6      On balls of feet swivel start swiveling  $\frac{1}{2}$  turn right (bounce heels & shoulders for 5, 6)
- 7-8      Finish swiveling right, drop heels (bounce heels & shoulders for 7, then drop for 8)

## BACKWARDS TRAVELING TOUCH, STEPS

- 1-2      Touch right toes to right, step right slightly back from this (sweeping motion)
- 3-4      Touch left toes to left, step left slightly back from this (sweeping motion)
- 5-6      Touch right toes to right, step right slightly back from this (sweeping motion)
- 7-8      Touch left toes to left, step left slightly back from this (sweeping motion)

## $\frac{1}{4}$ TURNS WITH POINTS AND LEANS

- 1-2      Step right foot  $\frac{1}{4}$  turn right, point left toes to left and lean back
- 3-4      Step left foot  $\frac{1}{4}$  turn right, point right toes forward and lean back
- 5-6      Step right foot  $\frac{1}{4}$  turn right, point left toes to left and lean back
- 7-8      Step left foot  $\frac{1}{4}$  turn right, touch right beside left

REPEAT

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