Isn't She Lovely

拍数: 64

级数: Intermediate

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音乐: Isn't She Lovely - Jake Simpson

RIGHT KNEE IN OUT, SHUFFLE RIGHT-LEFT-RIGHT, LEFT FOOT BEHIND RIGHT, HALF TURN LEFT, RIGHT COASTER

1-2 On ball of right foot turn right knee into left knee and then out from left knee turning a ¼ turn right

Keep weight on left foot during the knee swivels

- 3&4 Shuffle forward step right, together with left, step right
- 5-6 Tap left foot behind right and turn ¹/₂ turn left, transfer weight on left foot (facing 9:00)
- 7&8 Coaster step back right, together left, forward right

LEFT KNEE IN OUT, SHUFFLE LEFT-RIGHT-LEFT, RIGHT FOOT BEHIND LEFT, HALF TURN RIGHT, LEFT COASTER

1-2 On ball of left foot turn left knee into right knee and then out from right knee turning a ¼ turn left

Keep weight on right foot during knee swivels

- 3&4 Shuffle forward step left, together with right, step left
- 5-6 Tap right foot behind left and turn ½ turn right, transfer weight on right foot (facing 12:00)
- 7&8 Coaster step- back left, together right, forward left

RIGHT BRUSH HITCH, STEP, LEFT BRUSH HITCH, STEP LEFT, BACK RIGHT COASTER, HOLD

- 1&2 Brush right foot slightly lifting knee up, step right foot down
- 3&4 Brush left foot slightly lifting knee up, step left foot down in front of right foot
- 5-6-7 Coaster step back right, together left, forward right
- 8 Hold

LEFT BRUSH HITCH, STEP, RIGHT BRUSH HITCH, STEP RIGHT, BACK LEFT COASTER, TAP RIGHT TOE BEHIND LEFT FOOT

- 1&2 Brush left foot slightly lifting knee up, step left foot down
- 3&4 Brush right foot slightly lifting knee up, step right foot down in front of left foot
- 5-6-7 Coaster step back left, together right, forward left
- 8 Tap right toe behind left foot

STEP RIGHT, LEFT KICK BALL CROSS, LEFT KICK BALL CROSS, STEP LEFT, RIGHT SAILOR, SYNCOPATED RIGHT VINE

- &1&2 Step back right, kick left foot forward, step left next to right, cross right over left
- 3&4 Kick left foot forward, step left next to right, cross right over left
- 5 Step left
- 6&7 Step right behind left, step left, step to the right side
- 8&1 Step left behind right, step right to right cross left over right

CROSS STEPS WITH HOLDS, LARGE STEP RIGHT, SLIDE LEFT THEN SYNCOPATED RIGHT VINE

- 2&3-4 Hold, right foot to right side, cross left over right, hold
- 5-6 Large step to the right, slide left foot toward right (keeping your weight on right foot)
- 7&8 Step left behind right, step right foot to right, step left foot over right

HALF TURN LEFT, STYLING- HIP CIRCLES TO THE LEFT AS YOU ARE TURNING

- 1-2 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot
- 3-4 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot





墙数: 2

- 5-6 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot
- 7-8 Step ball of right foot forward, turn an eighth (1/8) left shifting weight to left foot

STEP RIGHT, HOLD, CROSS & CROSS, POINT RIGHT, RIGHT KNEE IN OUT, HOLD 2 COUNTS

1-2 Step right, hold

Lean into right foot with right knee slightly bent

- &3&4 Cross left over right, step right foot to right side, cross left over right, point right foot to right side
- 5-6 Right knee in, right knee out
- 7-8 Hold these 2 counts

REPEAT

ENDING

Do the first 8 counts and then the next 5. On the 6th count, your palms go out at chest level. You should be facing front wall