

Isn't She

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Setsuko Motoki (JP)
音乐: Isn't She - Carolina Rain



WALK, WALK, SHUFFLE, ROCK, RECOVER, BACK SHUFFLE

- 1-2 Step forward on right foot, step forward on left foot
3&4-5-6 Step forward on right foot, step left foot beside right, step forward on right foot, rock forward on left foot, recover weight on right foot
7&8 Step left foot back, step right foot beside left, step left foot back

RIGHT SAILOR, WEAWE RIGHT, SIDE ROCK, RECOVER, CROSS SHUFFLE

- 1&2-3&4 Step right foot behind left, step left foot beside right, step diagonally forward on right, step left foot behind right, step right foot to right, step left foot across right
5-6 Rock right foot to right, recover weight on left foot
7&8 Cross right foot across left, step left foot beside right, cross right foot across left

¼ TURN LEFT, CROSS, TOUCH, CROSS, TOUCH, CROSS, BACK, LOCK BACK STEP

- 1-2 ¼ turn left on right foot, step left foot across right, touch right foot to right side
3-4 Step right foot across left, touch left foot to left side
5-6 Step left foot across right, step right foot back
7&8 Step left foot back, lock right foot across left, step left foot back

RIGHT SAILOR, LEFT SAILOR, ROCK BACK, RECOVER, PIVOT ½ LEFT

- 1&2-3&4 Cross right foot behind left, step left foot beside right, step right foot slightly forward, cross left foot behind right, step right foot beside left, step left foot slightly forward
5-6 Rock right foot back, recover weight on left foot
7-8 Step forward on right foot, pivot ½ turn left, shifting weight to left foot

REPEAT