Island Hopping

拍数: 32

级数: Beginner

编舞者: Gerard Murphy (CAN)

音乐: Back to the Island - Baha Men

This dance was created on board the Carnival Valor during my first line dance cruise Dancin' on the Water 2005. The song really fit the mood of the trip and we danced it to a variety of songs during the evening parties (cause it's so easy!)

STEP FORWARD TOUCH, STEP FORWARD TOUCH, STEP FORWARD TOUCH STEP 1/4 TURN TOUCH

- 1-2 Step right forward, touch left next to right*
- 3-4 Step left forward, touch right next to left*
- 5-6 Step right forward, touch left next to right*
- 7-8 Step left a ¼ turn to left, touch right next to left

Option: add claps on each 'touch' above (and any below if it feels good!)

WALK BACK X 3, TOUCH, WALK FORWARD X 3, TOUCH

- 9-10-11 Walk back right, left, right
- 12 Touch left next to right (clap)
- 13-14-15 Walk forward left, right, left
- 16 Touch right next to left (clap)

SHUFFLE RIGHT ROCK RECOVER, SHUFFLE LEFT ROCK RECOVER

- 17&18 Side shuffle to right right, left, right
- 19-20 Cross rock step left over right, recover onto right
- 21&22 Side shuffle to left left, right, left
- 23-24 Cross rock step right over left, recover onto left

STEP SIDE TOUCH, STEP ¼ TURN TOUCH, STEP SIDE TOUCH, SHUFFLE LEFT

- 25-26 Side step right to right, touch left next to right
- 27-28 Step left a ¼ turn to left, touch right next to left
- 29-30 Side step right to right, touch left next to right
- 31&32 Side shuffle to left left, right, left

REPEAT





墙数:2