

Island Get Away!

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
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音乐: I Need a Breather - Darryl Worley



(RIGHT) CROSS TOUCH, SWING AROUND, COASTER STEP, (LEFT) CROSS TOUCH, SWING AROUND, COASTER STEP

- 1 Cross touch right in front of left
- 2 Swing right foot out and around (toe touching floor) going into coaster step
- 3 Step back on (ball of) right foot
- &4 Step together on (ball of) left foot, step forward on right
- 5 Cross touch left in front of right
- 6 Swing left foot out and around (toe touching floor) going into coaster step
- 7 Step back on (ball of) left foot
- &8 Step together on (ball of) right foot, step forward on left

STEP FORWARD, ½ TURN (LEFT), TOUCH TOGETHER, SHUFFLE BACKWARD, BACK ROCK-RECOVER, STEP-LOCK- FORWARD

- 9 Step right forward
- 10 Pivot on (ball of) right foot ½ turn left, while touching left toe together
- 11&12 Shuffle backward, stepping (left-right-left)
- 13 Step (rock) right backward, slightly lifting left foot off floor
- 14 Step left back to floor (recover)
- 15&16 Step lock forward, stepping (right-left-right)

STEP FORWARD, ½ PIVOT (RIGHT), STEP FORWARD, ¼ PIVOT (RIGHT), CROSS OVER, SIDE TOUCH, CROSS STEP, ¾ UNWIND

- 17 Step left forward
- 18 On (balls of) both feet, pivot ½ turn right
- 19 Step left forward
- 20 On (balls of) both feet, pivot ¼ turn right
- 21 Cross step left over right foot
- 22 Touch right toe out to side
- 23 Cross step right over left foot
- 24 Unwind ¾ turn left (weight on right)

BACK ROCK-RECOVER, ½ SHUFFLE TURN (RIGHT), BACK ROCK-RECOVER, ¾ TURN (LEFT)

- 25 Cross step (rock) left slightly lifting right foot off floor
- 26 Lower right foot back to floor (recover)
- 27&28 Shuffle ½ turn right, stepping (left-right-left)
- 29 Step (rock) right backward, slightly lifting right foot off floor
- 30 Lower left foot back to floor
- 31 Turning ¼ turn left, step right to side
- 32 Turning ½ turn left, step left to side

REPEAT

TAG

After the 4th wall there is an extra 8 beats of music do the following:

- 1 Step right forward
- 2 ½ pivot turn left
- 3&4 Shuffle forward stepping (right-left-right)

- 5 Step left forward,
- 6 $\frac{1}{2}$ pivot turn right
- 7&8 Shuffle forward stepping (left-right-left)

RESTART

On the 8th wall you will dance up to count 26 then bump left-right-left for 27&28 then start from the beginning
