

Isla Bonita

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Wesley Cowie (UK)
音乐: La Isla Bonita - Mad'House



ROCK FORWARD, SIDE ROCK, TURN ½, SHUFFLE, PIVOT ¾ TURN, POINT RIGHT TO RIGHT

1&2 Rock forward on left, recover weight onto right foot, step left foot beside right
3& Rock right to right side, recover weight onto left making ½ turn right
4 Step right foot beside left
5&6 Step forward left, close right beside left, step forward left
7&8 Step forward right and pivot ¾ left, point right to right side

CROSSING CHASSE, BACK CHASSE, FULL TURN BACK, FORWARD SHUFFLE

1&2 Cross right over left, step left to left side, cross right over left
3&4 Step back onto left foot, close right beside left, step back onto left foot
5 On ball of left make ½ turn right stepping forward onto right
6 On ball of right make ½ turn right rocking back onto left
7&8 Step forward on right foot, close left beside right, step forward on right foot

ROCK, RIGHT KICK, LEFT KICK, CROSS BEHIND, UNWIND, FORWARD SHUFFLE

1&2 Rock forward on left foot, recover onto right foot, close left foot beside right
3& Kick right foot forward, step right beside left
4& Kick left foot forward, step left beside right
5-6 Cross right foot behind left, unwind ½ turn right
7&8 Step forward on left, close right beside left, step forward on left

PIVOT & SHIMMY, PIVOT & SHIMMY, SCISSOR STEP, STEP BACK, TAP, STEP FORWARD

1-2 Step forward on right, pivot ½ turn left while doing a shimmy
3-4 Step forward on right, pivot ½ turn left while doing a shimmy
5&6 Step right foot to right side, close left beside right, cross right foot over left
7&8 Step back on left, tap right toe beside left, step forward on right foot

REPEAT

TAG 1

Danced following 6th wall only (facing back wall 2nd time)

1-2 Step forward on left foot, pivot ½ turn right
3-4 Step forward on left foot, pivot ½ turn right

TAG 2

Danced following 8th & 9th wall (facing front wall, facing 3:00 wall)

1-2 Walk forward left, walk forward right