

Irish Lady

拍数: 129
编舞者: Julie Peacock (AUS)
音乐: Sweet Irish Lady

墙数: 2

级数: Intermediate waltz



- 1-3 Cross right over left, step left out to left side & back onto right
4-6 Cross left over right, right out to right side & pivot left ½ turn & onto left rock onto right
- 1-6 Repeat the last 6 counts
- 1-3 Step forward on right while turning ½ turn, step left-right
4-6 Waltz back left-right-left
- 1-6 Repeat the last 6 counts
- 1-3 Step right out to right, rock left to left, cross behind left
4-6 Turn ¼ turn left, left coaster forward
- 1-3 Step back on right, drag left for 2 counts
4-6 Step back on left, drag right for 2 counts
- 1-12 Repeat last 12 counts
- 1-3 Full turn moving forward on right (right-left-right)
4-6 Step back left at 45 degrees angle, lock right in front, step back on left
- 1-3 Step back right at 45 degrees angle, lock right on front, step back on right
- 1&2-3 Turn ½ turn left & step forward on left drag right toes up to meet left foot weight onto right & step forward on left
4&5-6 Drag right up to meet left, weight onto right step forward on left & spin full turn to the left on ball of left foot (while keeping right toe close to left foot on the ground)
- 1-3 Chorus of song) vine right - right to right, left behind right, right to right side
4-6 Turn ½ turn right step onto left foot, step right to right side, cross left in front
- 1-6 Repeat last 6 counts turning ¼ turn right on count 6 & stepping left forward
1-3 Step back on right, sweep left toes around behind right in an arc
- 1-6 Step onto left, rock out to right, back onto left
- 1-6 Repeat last 6 counts
- 1-3 Step onto right & click left heel against right heel, while turning ¼ turn left, then kick out to a low 45 degrees
4-6 Step onto left, cross right over, step left to left
- 1-6 Repeat last 6 counts to other side
- 1-3 Full turn forward left-right-left
4-6 Step back on right & drag right for 2 counts

- 1-3 Step back on left, step right out to right side, rock onto left
4-6 Step back on right, step left out to left side, back onto right
- 1-3 Step back on left tap right toe out to right side & hold
4-6 Step back on right tap left toe out to side & hold
- 1-3 Step back on left & place right toe out at the back, turn ½ turn right for 2 counts, keeping toe pointed on ground
- 1-6 Lift right toe slightly & take 2 slow steps forward

REPEAT

RESTART

After dancing it through twice, dance counts 1-63, then 1-51, then pause and start again
