

Intuition

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Double Trouble (CAN)
音乐: Intuition - Jewel



Sequence: AB AB AA BBB ABB AAA

PART A

SIDE STEP, HIP BUMPS & KICK BALL TOUCH, ¼ TURN, BODY ROLL

- 1-2 Step right to right side, step left next to right
- 3-4 Bump hips right, left, bump hips right kicking left forward
- &5-6 Step left across right, touch right to right side, pivot ¼ turn to right (weight stays on left)
- 7-8 Body roll (get funky & use some attitude)

Optional (parts 3&4 - hip bumps can be replaced with shoulder pops right left right)

ROCK BACK, LOCK ½ TURN, ROCK BACK, LOCK FORWARD

- 1-2 Step right back, rock forward on to left
- 3-4 Step right forward, lock left behind right making a ¼ turn to left, step back right making a ¼ turn to the left
- 5-6 Step left back, rock forward onto right
- 7-8 Step left forward, lock right behind left, step left forward

KICK & TOUCH TWICE, HEEL JACK, HIP PUSH

- 1&2 Kick right forward, step right next to left, touch left to side
- 3&4 Kick left forward, step left next to right, touch right to side
- &5&6 Step right behind left, tap left heel forward, step down on left, touch right beside left
- 7-8 Step right to right side pushing hips right, drag right foot beside left pushing hips left

FULL TURN, SHUFFLE, KICK BALL STEP, ¼ TURN KNEE POPS

- 1-2 Step right to right side making ¼ turn right, step back on left making half a turn right
- 3&4 Turn ¼ turn right stepping right to right side, step left together, step right to right side
- 5&6 Kick left forward to right diagonal, step left to left side, drag right beside left
- 7-8 Step onto right popping left knee, step down on left making a ¼ turn left popping right knee

PART B

SKATE, HOLD PIVOT, DRAG MAMBO TWICE

- 1-2 Skate right to right side making ¼ turn to right, hold
- 3-4 Pivot ½ turn left, drag right beside left (no weight on right foot)
- 5&6 Rock right to right side, rock on to left, step right together
- 7&8 Rock left to left side, rock on to right, step left together

SIDE STEPS TWICE HEEL JACKS TWICE

- 1-2 Step right to right side, step left together clicking fingers
- 3-4 Step left to left side, touch right together clicking fingers
- &5&6 Step back on right tap left heel forward to left diagonal step down on left, step right together
- &7&8 Step back on left, tap right heel forward to right diagonal step down on right, step left together