

Into Something Good

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Alison Metelnick (UK)
音乐: I'm Into Something Good - Herman's Hermits



RIGHT FORWARD ROCK & RECOVER, RIGHT BACK LOCK, ½ LEFT, RIGHT SIDE ROCK & RECOVER, RIGHT CROSS STEP

1-2 Rock right forward, recover weight on left
3&4 Step right back, cross step left over right, step right back
5-6 Turning ½ left step left forward, rock right to right side
7-8 Recover weight on left, cross step right over left

LEFT TO LEFT SIDE, ½ RIGHT HINGE TURN, LEFT CROSS ROCK & RECOVER, SIDE TOGETHER ¼ LEFT, RIGHT FORWARD, ¼ LEFT PIVOT TURN

1-2 Step left to left, turning ½ right step right to right
3-4 Cross rock left over right, recover weight on right
5&6 Step left to left side, step right together, turning ¼ left step left forward
7-8 Step right forward, pivot ¼ left

WEAVE LEFT 2, RIGHT BEHIND SIDE CROSS, LEFT SIDE ROCK & RECOVER TURNING ¼ RIGHT, LEFT FORWARD SHUFFLE

1-2 Cross step right over left, step left to left
3&4 Cross step right behind left, step left to left, cross step right over left
5-6 Rock left to left side, recover weight on right turning ¼ right
7&8 Step left forward, step right together, step left forward

RIGHT FORWARD ROCK & RECOVER, ¾ RIGHT TRIPLE, LEFT POINT & CROSS, RIGHT SIDE ROCK CROSS

1-2 Rock right forward, recover weight on left
3&4 Turning ½ right step right forward, turning ¼ right step left together, step right forward
5-6 Point left to left side, cross step left over right
7&8 Rock right to right side, recover weight on left, cross step right over left

LEFT FORWARD ROCK & RECOVER, ½ LEFT SHUFFLE, RIGHT POINT & CROSS, LEFT SIDE ROCK CROSS

1-2 Rock left forward, recover weight on right
3&4 Turning ½ left step left forward, step right together, step left forward
5-6 Point right to right side, cross step right over left

Restart here during 3rd wall. Change count 6 to touch right together. Begin dance again facing front wall

7&8 Rock left to left side, recover weight on right, cross step left over right

RIGHT FORWARD ROCK & RECOVER, ½ RIGHT SHUFFLE, LEFT FORWARD ROCK & RECOVER, LEFT COASTER STEP

1-2 Rock right forward, recover weight on left
3&4 Turning ½ right step right forward, step left together, step right forward
5-6 Rock left forward, recover weight on right
7&8 Step left back, step right together, step left forward

REPEAT

RESTART

Restart after count 38 during 3rd wall. Change count 6 to touch right together. Begin dance again facing front

wall
