

# Into Action

拍数: 48      墙数: 4      级数: Improver  
编舞者: Larry Hayden (UK)  
音乐: Into Action - Tim Armstrong



## SIDE TOGETHER, SHUFFLE, ROCK, ½ TURN

1-2      Step right to side, step left together  
3&4      Step right forward, step left together, step right forward  
5-6      Rock left forward, recover onto right  
7-8      Turn ½ left and step left forward, hold

## ¼ PADDLE/PIVOT TWICE, CROSS, SIDE, SAILOR CROSS

1-2      Step right forward, turn ¼ left (weight to left)  
3-4      Step right forward, turn ¼ left (weight to left)  
5-6      Cross right over left, step left to side  
7&8      Cross right behind left, step left to side, cross right over left

## ¼ TURN, STEP, HOLD, HEEL DIGS X 3, HOOK ¼ TURN

1-2      Step left to side, turn ¼ right (weight to right)  
3-4      Step left forward, hold  
5&6&      Touch right heel forward, step right together, touch left heel forward, step left together  
7-8      Touch right heel forward, turn ¼ right and hook right over left

## ROLLING VINE, TOUCH, SIDE, TOGETHER, SHUFFLE

1-2-3-4      Turn ¼ right and step right forward, turn ½ right and step left back, turn ½ right and step right to side, touch left together

**Option: step left to side, cross right behind left, step right to side, touch left together**

5-6      Step left to side, step right together  
7&8      Step left forward, step right together, step left forward

**Restart here on wall 6**

## ROCK, ¼ TURN, WEAVE

1-2      Rock right forward, recover onto left  
3-4      Turn ¼ right and step right to side, hold  
5-6      Cross left over right, step right to side  
7-8      Cross left behind right, step right to side

## ROCK, ¼ TURN, ROCK, ¼ TURN, POINT, FLICK

1-2      Cross/rock left over right, recover onto right  
3-4      Turn ¼ left and step left to side, hold  
5-6      Cross/rock right over left, recover onto left  
7-8      Turn ¼ right and touch right to side, flick right back

**REPEAT**

**RESTART**

**On wall 6 dance up to count 32 and the start again from the beginning**