

Inspiration Waltz (P)

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 0 级数: Partner
编舞者: Dave Springett (UK) & Shirley Springett (UK)
音乐: I'd Love You All over Again - Alan Jackson



Position: Sweetheart Position

MAN'S STEPS

RIGHT STEP, LEFT BESIDE, RIGHT IN PLACE, LEFT STEP ¼ RIGHT, RIGHT SLIDE BESIDE, LEFT STEP LEFT

1-2 Right foot step forward, left foot step beside right, right step down in place

Move into Indian Position in steps 4-6

4-6 Left step into ¼ turn right, right foot slide beside left, left foot step to left

ROLL ¾ TURN TO RIGHT MAN PASSING UNDER RAISED RIGHT, LEFT LOCK STEP

Drop left hands and man passes ¾ turn under raised right arms in steps 7-9

7-9 Right foot step ¼ turn right, left foot step ¼ turn right, left foot step ¼ turn right

Resume sweetheart position

10-12 Left foot step forward, right foot lock behind left, left foot step forward

ROLL FULL TURN LEFT UNDER RAISED LEFT, LEFT LOCK STEP

Drop right hands and raise left and full turn under in steps 13-15

13-15 Traveling forward make one full turn to left, stepping right, left, and right

Resume sweetheart position

16-18 Left foot step forward, right foot lock behind left, left foot step forward

RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP

19-21 Right foot step forward, left toe touch behind right, hold for one beat

22-24 Left foot step back, right foot step beside left, left foot step forward

RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP

25-27 Right foot step forward, left toe touch behind right, hold for one beat

28-30 Left foot step back, right foot step beside left, left foot step forward

HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE

Keeping hands joined throughout half turn in steps 31-33

31-33 Right foot step forward ¼ turn right, left foot step back with ¼ turn right, right foot step beside left

34-36 Left foot step back, right foot step beside left, left foot step beside right

HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE

Drop left hands and raise right and half turn under in steps 37-39

37-39 Right foot step back ¼ turn right, left foot step forward ¼ turn right, right foot step beside left

Resume sweetheart position

40-42 Left foot step back, right foot step beside left, left foot step beside right

RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE

43-45 Right foot step across front of left, left foot step beside right, right step down in place

46-48 Left foot step across front of right, right foot step beside left, left step down in place

REPEAT

LADY'S STEPS

RIGHT STEP, LEFT BESIDE, RIGHT IN PLACE, LEFT STEP ¼ RIGHT, RIGHT SLIDE BESIDE, LEFT STEP LEFT

1-3 Right foot step forward, left foot step beside right, right foot step down in place

4-6 Left step into ¼ turn right, right foot slide beside left, left foot step to left

ROLL ¾ TURN TO RIGHT MAN PASSING UNDER RAISED RIGHT, LEFT LOCK STEP

Drop left hands and man passes ¾ turn under raised right arms in steps 7-9

7-9 Right foot step ¼ turn right, left foot step ¼ turn right, left foot step ¼ turn right

10-12 Left foot step forward, right foot lock behind left, left foot step forward

ROLL FULL TURN LEFT UNDER RAISED LEFT, LEFT LOCK STEP

Drop right hands and raise left and full turn under in steps 13-15

13-15 Traveling forward make one full turn to left, stepping right, left, and right

16-18 Left foot step forward, right foot lock behind left, left foot step forward

RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP

19-21 Right foot step forward, left toe touch behind right, hold for one beat

22-24 Left foot step back, right foot step beside left, left foot step forward

RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP

25-27 Right foot step forward, left toe touch behind right, hold for one beat

28-30 Left foot step back, right foot step beside left, left foot step forward

HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE

Keeping hands joined throughout half turn in steps 31-33

31-33 Right foot step forward ¼ turn right, left foot step back with ¼ turn right, right foot step beside left

34-36 Left foot step back, right foot step beside left, left foot step beside right

HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE

Drop left hands and raise right and half turn under in steps 37-39

37-39 Right foot step back ¼ turn right, left foot step forward ¼ turn right, right foot step beside left

40-42 Left foot step back, right foot step beside left, left foot step beside right

RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE

43-45 Right foot step across front of left, left foot step beside right, right step down in place

46-48 Left foot step across front of right, right foot step beside left, left step down in place

REPEAT

OPTION

Dance can be done as a single line dance if steps 37-42 are replaced with:

37-39 Right step forward, left step beside right, right step down in place

40-42 Left step forward, right step beside left, left step down in place
