

# Inspiration Waltz (P)

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 0      级数: Partner  
编舞者: Dave Springett (UK) & Shirley Springett (UK)  
音乐: I'd Love You All over Again - Alan Jackson



Position: Sweetheart Position

## MAN'S STEPS

**RIGHT STEP, LEFT BESIDE, RIGHT IN PLACE, LEFT STEP ¼ RIGHT, RIGHT SLIDE BESIDE, LEFT STEP LEFT**

1-2                    Right foot step forward, left foot step beside right, right step down in place

**Move into Indian Position in steps 4-6**

4-6                    Left step into ¼ turn right, right foot slide beside left, left foot step to left

**ROLL ¾ TURN TO RIGHT MAN PASSING UNDER RAISED RIGHT, LEFT LOCK STEP**

**Drop left hands and man passes ¾ turn under raised right arms in steps 7-9**

7-9                    Right foot step ¼ turn right, left foot step ¼ turn right, left foot step ¼ turn right

**Resume sweetheart position**

10-12                  Left foot step forward, right foot lock behind left, left foot step forward

**ROLL FULL TURN LEFT UNDER RAISED LEFT, LEFT LOCK STEP**

**Drop right hands and raise left and full turn under in steps 13-15**

13-15                  Traveling forward make one full turn to left, stepping right, left, and right

**Resume sweetheart position**

16-18                  Left foot step forward, right foot lock behind left, left foot step forward

**RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP**

19-21                  Right foot step forward, left toe touch behind right, hold for one beat

22-24                  Left foot step back, right foot step beside left, left foot step forward

**RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP**

25-27                  Right foot step forward, left toe touch behind right, hold for one beat

28-30                  Left foot step back, right foot step beside left, left foot step forward

**HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE**

**Keeping hands joined throughout half turn in steps 31-33**

31-33                  Right foot step forward ¼ turn right, left foot step back with ¼ turn right, right foot step beside left

34-36                  Left foot step back, right foot step beside left, left foot step beside right

**HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE**

**Drop left hands and raise right and half turn under in steps 37-39**

37-39                  Right foot step back ¼ turn right, left foot step forward ¼ turn right, right foot step beside left

**Resume sweetheart position**

40-42                  Left foot step back, right foot step beside left, left foot step beside right

**RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE**

43-45                  Right foot step across front of left, left foot step beside right, right step down in place

46-48                  Left foot step across front of right, right foot step beside left, left step down in place

**REPEAT**

**LADY'S STEPS**

**RIGHT STEP, LEFT BESIDE, RIGHT IN PLACE, LEFT STEP ¼ RIGHT, RIGHT SLIDE BESIDE, LEFT STEP LEFT**

1-3 Right foot step forward, left foot step beside right, right foot step down in place

4-6 Left step into ¼ turn right, right foot slide beside left, left foot step to left

**ROLL ¾ TURN TO RIGHT MAN PASSING UNDER RAISED RIGHT, LEFT LOCK STEP**

**Drop left hands and man passes ¾ turn under raised right arms in steps 7-9**

7-9 Right foot step ¼ turn right, left foot step ¼ turn right, left foot step ¼ turn right

10-12 Left foot step forward, right foot lock behind left, left foot step forward

**ROLL FULL TURN LEFT UNDER RAISED LEFT, LEFT LOCK STEP**

**Drop right hands and raise left and full turn under in steps 13-15**

13-15 Traveling forward make one full turn to left, stepping right, left, and right

16-18 Left foot step forward, right foot lock behind left, left foot step forward

**RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP**

19-21 Right foot step forward, left toe touch behind right, hold for one beat

22-24 Left foot step back, right foot step beside left, left foot step forward

**RIGHT STEP, LEFT TOE TOUCH BEHIND RIGHT, HOLD, LEFT COASTER STEP**

25-27 Right foot step forward, left toe touch behind right, hold for one beat

28-30 Left foot step back, right foot step beside left, left foot step forward

**HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE**

**Keeping hands joined throughout half turn in steps 31-33**

31-33 Right foot step forward ¼ turn right, left foot step back with ¼ turn right, right foot step beside left

34-36 Left foot step back, right foot step beside left, left foot step beside right

**HALF TURN TO RIGHT, LEFT BACK, RIGHT BESIDE, LEFT BESIDE**

**Drop left hands and raise right and half turn under in steps 37-39**

37-39 Right foot step back ¼ turn right, left foot step forward ¼ turn right, right foot step beside left

40-42 Left foot step back, right foot step beside left, left foot step beside right

**RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE**

43-45 Right foot step across front of left, left foot step beside right, right step down in place

46-48 Left foot step across front of right, right foot step beside left, left step down in place

**REPEAT**

**OPTION**

**Dance can be done as a single line dance if steps 37-42 are replaced with:**

37-39 Right step forward, left step beside right, right step down in place

40-42 Left step forward, right step beside left, left step down in place

---