

# Inner Vision

**COPPER KNOB**  
BY STEPHEN HETS

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Sandra Le Brocq  
音乐: See It in a Boy's Eyes - Jamelia



## **TOUCH, HEEL, SIDE TOUCH, HEEL, CROSS SHUFFLE, ROCKS, SAILOR ½ TURN RIGHT**

### **Angling body to right diagonal**

- 1&            Touch ball of left foot next to right, tap right heel
- 2&            Touch ball of left foot to left side tap right heel
- 3&4          Cross shuffle left-right-left to right side
- 5             Rock out to right side on right foot (bend right knee dipping weight over right side)
- 6             Rock back onto left foot (bending left knee dipping weight over left side)
- 7&8          Sailor ½ turn to the right right-left-right (6:00)

### **Easier version - omit the heel taps**

- 9-16          Repeat counts 1-8 (12:00)

## **¼ TURN RIGHT SIDE STEP, BALL CHANGE, STEP, FULL TURN LEFT, SHUFFLE RIGHT, TOUCH BALL CROSS ¼ RIGHT**

- 1             Large step left to left side, ¼ turning right
- 2&3          Step ball of right behind left, recover onto right large step to right side on right foot
- 4             Close left foot next to right making full turn to left
- 5&6          Shuffle to right (right, left, right)
- 7&8          Touch left toe forward draw left foot in stepping back onto ball of left behind right cross right over left (6:00)

## **SIDE STEP, BALL CHANGE, SIDE STEP, FULL TURN LEFT, SHUFFLE KICK BALL CHANGE**

- 1             Step left a large step to left side
- 2&3          Step ball of right behind left, step left in place step large step to right on right foot
- 4             Close left foot next to right making full turn left
- 5&6          Shuffle right right-left-right
- 7&8          Kick left forward step ball of left behind right step right in place

## **SIDE SKATE, BEHIND, SIDE, TOUCH, STEP TOUCH TWICE, ¼ TURN, 'SIT' TOUCH, HEEL, RIGHT COASTER**

- 1             Skate to left on left foot
- 2&            Step right behind left, step left to left side
- 3&            Touch right next to left step right next to left
- 4&            Touch left out to left side, step left next to right
- 5&            Touch right out to right side, ¼ turn to right on ball of left foot
- 6&            Touch ball of right foot in front (right knee bent into slight "sitting" position), tap right heel (9:00)
- 7&8          Coaster step right-left-right

### **Easier version: omit heel tap**

## **STEP, ¼ LEFT TURN SCISSOR, BALL CROSS, SIDE STEP, TOUCH, FULL TURN, STEP BALL CHANGE**

- 1-2&          Step forward onto left foot, rock forward onto right foot, ¼ turn left onto left foot (6:00)
- 3&4          Step right across left small step to side on ball of left cross step right over left
- 5-6          Step large step to the side on left, touch right beside left
- 7-8          Step right into ¾ turn to right lifting left foot beside right ankle, step ball of left behind right with ¼ turn to the right
- &             Step right in place

REPEAT

---