

Indigo Shuffle

拍数: 32 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: Hello Mr. Heartache - The Chicks



When using "Hello Mr. Heartache", start after the Chicks sing "Hello Mr. Heartache, I've Been...." on the word "expecting"

VINE RIGHT 2, CRISS CROSS, VINE LEFT 2, CROSS STEP & UNWIND $\frac{3}{4}$ LEFT

1-2 Step right foot to right side, cross step left foot behind right
&3 Step right foot to right side, cross touch left foot over right
&4 Step left foot to left side, cross step right foot over left
5-6 Step left foot to left side, cross step right foot behind left
&7-8 Step left foot to left side, cross step right foot over left, unwind $\frac{3}{4}$ left with weight ending on left foot

RIGHT & LEFT FORWARD SHUFFLES, RIGHT JAZZ BOX

1&2 Step right foot forward, step left foot together, step right foot forward
3&4 Step left foot forward, step right foot together, step left foot forward
5-8 Cross step right foot over left, step left foot back, step right foot to right side, step left foot together

RIGHT JAZZ BOX WITH $\frac{1}{2}$ RIGHT & SHUFFLE, BRUSH LEFT FORWARD & BACK, $\frac{1}{2}$ LEFT & LEFT FORWARD SHUFFLE

1-2 Cross step right foot over left, step left foot back
3&4 Turning $\frac{1}{2}$ right step left foot forward, step left foot together, step right foot forward
5-6 Brush left foot forward, brush left foot back
7&8 Turning $\frac{1}{2}$ left step left foot forward, step right foot together, step left foot forward

RIGHT FORWARD, $\frac{1}{2}$ LEFT PIVOT TURN, SCUFF RIGHT FORWARD, RIGHT CROSS SHUFFLE, SCUFF LEFT FORWARD, LEFT CROSS SHUFFLE

1-2 Step right foot forward, pivot $\frac{1}{2}$ left
3 Scuff right foot forward
4&5 Cross step right foot over left, step left foot together bringing left toes in to right heel, cross step right foot over left
6 Scuff left foot forward
7&8 Cross step left foot over right, step right foot together bringing right toes in to left heel, cross step left foot over right

REPEAT
