Indian Boogie

拍数: 32

级数: Intermediate

编舞者: Gloria Johnson (USA)

音乐: Cherokee Boogie - BR5-49

SCOOT TO LEFT SIDE

1-4 With weight on right foot, scoot 4 times to left side while tapping left toe beside right foot on each count (shift weight to left foot on count #4)

SCOOT TO RIGHT SIDE

5-8 With weight on left foot, scoot 4 times to right side while tapping right toe beside left foot on each count.

INDIAN STRUTS

- 9-10 Touch right toe forward; slap right heel down
- 11-12 Touch left toe forward; slap left heel down
- 13-14 Touch right toe forward; slap right heel down
- 15-16 Touch left toe forward; slap left heel down

SCOOT BACK, STOMP, STOMP

- 17-18 Scoot backward twice on balls of both feet
- 19 Stomp left foot next to right
- 20 Stomp right foot next to left

TOE SWIVELS

- 21 On heels of both feet, swivel both toes 1/4 to the right
- 22 On heels of both feet, swivel both toes 1/2 to the left (you are now facing a new wall)

STOMPS

- 23 Stomp left foot next to right
- 24 Stomp right foot next to left

CROSS STEP & TOUCH

- 25 Step left foot out to left side
- 26 Step right foot across left
- 27 Step left foot out to left side
- 28 Touch right heel to 2:00 o'clock
- 29 Step right foot out to right side
- 30 Step left foot across right
- 31 Step right foot out to right side
- 32 Touch left heel to 10:00 o'clock

REPEAT

VARIATION: For a little bit of fun, on steps 9 -16 dip down from the waist bringing your right hand to your mouth and let out with an Indian "war chant"! Repeat as needed.





t

墙数:4