In Your Dreams (P)



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音乐: Who's Been Sleeping in My Bed - Glenn Frey



Position: Partners will begin in ballroom, cowboy hold (closed position) or they may be in open position with lady facing LOD

1-4 LADY: Step left back on a 45 degree angle left, slide right beside left & touch, step right

forward on a 45 degree angle right slide left beside right & touch

MAN: Mirror lady

Drop hands before the turns, facing each other right side to right side after turn. Pick up hands as in open position or hands on the waist or right palm to right palm

5-6-7&8 LADY: Full rolling turn moving left (stepping left, right, triple left, right, left)

Easy option: step left to left, right behind left, triple left, right, left

MAN: Full rolling turn stepping right, left, right, left

Easy option: straight right vine right, left, right, left

Partner's are now right side to right side, lady will face LOD, partners are now on the same foot work

9-11&12-15&16 Looking at partner, move in a ¾ circle to the right walking right, left, shuffle right, left, right, walk left, right, shuffle left, right, left completing a ¾ circle to the right. Lady is now almost facing LOD (partners will naturally be on a slight angle)

Lady may take a prep step on 16, slightly left preparing for next turn

Move into a cape or right side by side position moving toward LOD after lady turns. Hands may move above lady's head together allowing her to turn. Or drop left hands allowing lady to move under right hands

17-20 **LADY:** Turn 1 ¼ left moving LOD stepping right, left, right, left (if you haven't taken a prep step on 16 you will step right in front of left)

Easy option: turn 1/4 right walking forward right, left, right, left

MAN: Turn ¼ left walking forward right, left, right, left moving into cape or right side by side position

Now in cape or right side by side position facing LOD. Both may place right hands on lady's waist

21-24 On a 45 degree angle right, step right forward, step left beside right, step right forward, hold for one count or touch left beside right

Partner's will raise hands together over ladies head as she completes her turn facing OLOD

25-28 LADY: 1 ½ Walking turn left stepping left, right, left, right

MAN: Follow the lady ½ turn left stepping left, right. Walk forward left, right

Now in cape or right side by side position facing OLOD. Drop left hands as lady turns to LOD moving into ballroom or cowboy hold

29-32 LADY: Step left forward. Pivot ½ turn right stepping weight right. Walk forward (into man's

arms) stepping left, right

MAN: Rock left forward. Recover weight right. Walk back left, right. Return weight to left and hold for one count as lady returns to your arms into ballroom or cowboy hold (closed position)

Partners are now on opposite footwork

REPEAT