

# In The Spirit

**COPPER KNOB**  
STEPSHETS

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Maureen Jones (UK) & Michelle Jones (UK)  
音乐: Thriller - Michael Jackson



**Start 48 counts from first loud drum beat immediately after footsteps**

## **LUNGE, HOLD, RECOVER, HITCH, STOMP-UP, DIAGONAL STEPS WITH HOLDS**

1-2                      Lunge right to right, hold  
3&4                     Drag right towards left, hitch right, stomp right beside left (weight on left)  
5-6                     Step right diagonally forward right, hold  
7-8                     Step left diagonally forward left, hold

## **WALKS FORWARD, ½ PIVOT, HOLD, STEPS, PRESS, KICK**

9-11                    Walk forward right, left, right  
12-13                  Pivot ½ turn left, hold  
&14                    Step right beside left, step left forward  
15-16                  Press right forward, kick right forward

## **STEPS BACK, BACK ROCK, SHUFFLE, ¼ TURN, HOLD**

17-19                  Walk back stepping right, left, right  
20-21                  Rock left back, recover forward onto right

### **Moonwalk counts 17-20 by dragging weightless foot between steps**

22&23                  Step left forward, step right beside left, step left forward  
24-25                  Make ¼ turn left and step right to right, hold

## **½ TURN LEFT, HOLD, ½ TURN LEFT, HOLD, BEHIND, ¼ TURN, STEP**

26-27                  Make ½ turn left and step left to left, hold  
28-29                  Make ½ turn left and step right to right, hold  
30                      Step left behind right  
31-32                  Step right ¼ turn right, step left forward

**For a Halloween effect claw both hands forward during counts 24-29**

**REPEAT**

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