# In The Shadows



拍数: 64 墙数: 4 级数: Intermediate

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音乐: In The Shadows - Thu Rasmus



#### WALK FORWARD, SHUFFLE FORWARD, PIVOT ½ RIGHT, TRIPLE RIGHT TURN

1-2	Walk forward	right, left

3&4 Shuffle forward (right, left, right)
5-6 Step forward on left pivot ½ turn right
7&8 Triple ½ turn right (left, right, left)

#### UNWIND 1/2 TURN RIGHT, CROSS STEP BACK, SAILOR STEP TWICE

1-2 Cross right behind, unwind ½ turn right
3-4 Cross left over right, step back on right

(Left sailor) cross left behind right, step right next to left, step left to left
 (Right sailor) cross right behind left, step left next to right, step right to right

(Now facing 6:00) traveling back on sailors

### SWAY 1/4 TURN LEFT, COASTER STEP, CROSS UNWIND, 3/4 CROSS SHUFFLE

1-2 Sway left stepping to left side, recover weight on right swaying right turning 1/4 left

3&4 (Coaster step) step back on left, bring right beside left, step forward on left

5-6 Cross right over left, unwind ¾ left, (weight on left)

7&8 (Cross shuffle) cross right over left, step left to left side, cross right over left

#### SIDE ROCK, CROSS SHUFFLE, BIG STEP SLIDE, ROCK AND CROSS

1-2 Rock left to left side, recover weight on right

(Cross shuffle) cross left over right, step right to right, cross left over right
 Long step right to right side, slide left beside right ending with a touch

7&8 Rock left to left, recover weight on right, cross left over right

#### MONTEREY, ROCK AND CROSS, 1/2 TURN, CROSS ROCK

Touch right to right side, turn ½ right stepping right beside left
Rock left to left side, recover weight on right, cross left over right
Step back ¼ turn left on right, step left to left side turning ¼ turn left

7-8 Rock right slightly over left, recover weight on left

Now facing 6:00

#### & CROSS POINT, KICK & CROSS, STEP 1/4 RIGHT, 1/4 TURN ROCK & CROSS, CHASSE RIGHT

Step right next to left, cross left over right, point right to right side Kick right foot forward, step right next to left, cross left over right

4 Step left ¼ right

Rock left to left side turning ¼ right, recover weight on right, cross left over right (Chasse right) step right to right side, bring left beside right, step right to right side

Now facing 12:00

## ROCK RECOVER, SHUFFLE 1/4 TURN, CROSS BACK & CROSS

2-3 Rock left slightly over right, recover weight on right
4&5 Turn ¼ left, shuffling forward (left, right, left)
6-7 Cross right over left, step back on left
&8 Bring right next to left, cross left over right

SIDE BEHIND, SWEEP BEHIND SIDE STEP, ROCK FORWARD, COASTER STEP

Step right to right side, cross left behind right
 Sweep right behind left, step left next to right, step right next to left
 Rock forward on left, recover weight on right
 (Coaster step) step back on left, bring right next to left, step forward on right

Now facing 9:00

## **REPEAT**

### **TAG**

There is a 2 count hold at the end of the 4th wall when danced to "In The Shadows".