

In The Navy

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ian St. Leon (AUS)
音乐: In the Navy - Village People



WALK FORWARD RIGHT-LEFT-RIGHT-LEFT, CROSS RIGHT OVER LEFT, BACK LEFT, STEP RIGHT TO SIDE, CROSS LEFT OVER RIGHT, & BACK RIGHT

1-2-3-4 Walk forward right-left-right-left (as if marching)
5-6&7-8 Cross right over left, back on left, step right to side, cross left over right, & back on right

BACK ON LEFT, FORWARD RIGHT, PIVOT ½ LEFT, FORWARD RIGHT, PIVOT ¼ LEFT, SIDE SHUFFLE RIGHT, BACK ROCK LEFT, FORWARD RIGHT

&1-2-3-4 Back on left, forward on right, pivot ½ left, step forward right, pivot ¼ left
5&6-7-8 Side shuffle to right (right-left-right), back rock on left, forward rock on right

SIDE SHUFFLE LEFT, BACK ROCK RIGHT, FORWARD ROCK LEFT, RIGHT HEEL, STEP BACK RIGHT, CROSS LEFT OVER RIGHT, STEP RIGHT TO SIDE, LEFT TOGETHER

1&2-3-4 Side shuffle to left (left-right-left), back rock on right, forward rock on left
5&6-7-8 Right heel, step back on right, cross left over right, step right to side, left together

LEFT HEEL, STEP BACK LEFT, CROSS RIGHT OVER LEFT, STEP LEFT SIDE, RIGHT TOGETHER, ¼ TURN LEFT-STEP BACK RIGHT, ½ TURN LEFT-STEP FORWARD LEFT, SIDE SHUFFLE RIGHT

1&2-3-4 Left heel, step back on left, cross right over left, step left to side, right together
5-6-7&8 ¼ turn left step back on right, ½ turn left step forward on left, side shuffle to right

SAILOR SHUFFLE LEFT, SAILOR SHUFFLE RIGHT, HEEL SWITCHES (LEFT & RIGHT & LEFT), DOUBLE CLAP

1&2-3&4 Sailor shuffle left, sailor shuffle right
5&6&7&8 Heel switches (left & right & left), double clap

HEEL SWITCHES (RIGHT & LEFT & RIGHT), DOUBLE CLAP, BACK RIGHT, FORWARD LEFT, BACK RIGHT, ¼ TURN LEFT-FORWARD LEFT, FORWARD ON RIGHT

1&2&3&4 Heel switches (right & left & right), double clap
&5-6-7-8 Back on right, forward on left, back on right, ¼ turn left forward on left, forward on right

STEP FORWARD ON LEFT & BUMP HIPS (LEFT-RIGHT-LEFT-RIGHT), STEP BACK ON LEFT & BUMP HIPS (LEFT-RIGHT-LEFT-RIGHT)

1-2-3-4 Step forward on left & bump hips left-right-left-right
5-6-7-8 Step back on left & bump hips left-right-left-right

STEP FORWARD ON LEFT, STEP FORWARD ON RIGHT, PIVOT ½ LEFT, ½ TURN LEFT-STEP BACK RIGHT, LEFT COASTER STEP, STOMP RIGHT-LEFT

1-2-3-4 Step forward on left, step forward on right, pivot ½ left, ½ turn left step back on right
5&6-7-8 Left coaster step (back left, back right, forward left), stomp right-left in place

REPEAT

TAG

On wall three do the first 12 beats (½ pivot & ¼ pivot), instead of a side shuffle do a vine to the right, with a stomp and start again.