

# In The Morning

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lisa Ferguson (UK)  
音乐: I May Hate Myself In the Morning - Lee Ann Womack



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## RIGHT MAMBO FORWARD, LEFT COASTER STEP, STEP ½ PIVOT LEFT, ROCK FORWARD RIGHT, REPLACE

1&2      Rock forward on right, replace weight onto left, step right beside left  
3&4      Step back on left, step right beside left, step forward on left  
5-6      Step forward right, pivot ½ turn left  
7-8      Rock forward on right, replace weight onto left

## RIGHT COASTER CROSS, LEFT SIDE ROCK & CROSS, MONTEREY ½ TURN RIGHT, TOUCH LEFT OUT, IN, OUT

1&2      Step back on right, step left beside right, cross right over left  
3&4      Rock left out to left side, replace weight onto right, cross left over right  
5-6      Touch right out to right side make ½ turn right on ball of left, step right beside left  
7&8      Touch left out to left side, touch left beside right, touch left out to left side

## LEFT SAILOR STEP, SWAY RIGHT, LEFT, RIGHT SAILOR STEP, TOUCH RIGHT BEHIND, UNWIND ½ TURN LEFT

1&2      Cross left behind right, step right to right side, step left in place  
3-4      Step right to right side swaying hips right, left transferring weight onto left  
5&6      Cross right behind left, step left to left side, step right in place  
7-8      Touch left behind right, unwind ½ turn left putting weight onto left

## STEP ¼ PIVOT LEFT, CROSS, BACK, BACK, CROSS, BACK, BACK, STEP ½ PIVOT LEFT

1-2      Step forward right, pivot ¼ turn left  
3&4      Cross right over left, step back on left, step back on right  
5&6      Cross left over right, step back on right, step back on left  
7-8      Step forward right, pivot ½ turn left

**REPEAT**

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