

# In The Mood

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 0                      墙数: 2                      级数: Intermediate/Advanced  
编舞者: Irene Groundwater (CAN)  
音乐: In the Mood - Glen Miller



Sequence: If you get the music from the CD called The Legend (Riverboat Music CD) or Strictly Dancing Vol. 3, then the sequence is AA, BBBB, CB, DADADA, A (1-40), A (1-32). For other versions of the music, the sequence is AA, BBBB, CB, DADADDA, A (1-40), A (1-32)

Dedicated to my sister, Joyce, and her late husband Nelson Lee. It was their favorite tune.

Part A is the steps to my other dance, "You Ain't Nothing But". Part B is the steps to my other dance "It's Jailhouse Rock Time"

## PART A

### SWIVELS TO RIGHT, HEELS, HOLD, TOES, HOLD, HEELS, TOES, CENTER, HOLD

1-4                      Swivel heels diagonal right, hold, swivel toes diagonal right, hold  
5-8                      Swivel heels diagonal right, swivel toes diagonal right, swivel heels center, hold

#### Option:

1                      Point hands to right  
3                      Point hands to left  
5-6-7                      Point hands right-left-right

### POINT FORWARD, HOLD, BACK, HOLD, POINT BACK, HOLD, CLOSE, HOLD

9-12                      Point right toe forward, hold, right back, hold  
13-16                      Point left toe back, hold, close left to right, hold

Option: right forward, left back, right back, hold, left back, right forward, left forward, hold

### SWIVELS TO LEFT, HEELS, HOLD, TOES, HOLD, HEELS, TOES, CENTER, HOLD

17-20                      Swivel heels diagonal left, hold, swivel toes diagonal left, hold  
21-24                      Swivel heels diagonal left, swivel toes diagonal left, swivel heels center, hold

#### Option:

17                      Point hands to left  
19                      Point hands to right  
21-22-23                      Point hands left-right-left

### POINT FORWARD, HOLD, BACK, HOLD, POINT BACK, HOLD, CLOSE, HOLD

25-28                      Point right toe forward, hold, right back, hold  
29-32                      Point left toe back, hold, close left to right, hold

Option: right forward, left back, right back, hold, left back, right forward, left forward, hold

### BRUSH, DIAGONAL FORWARD, BRUSH, DIAGONAL FORWARD

33-34                      Brush right forward beside left, (continue brush) right diagonal forward to right (like a sweep step)  
35-36                      Brush left forward beside right, (continue brush) left diagonal forward to left (like a sweep step)

### BRUSH DIAGONAL FORWARD (4 TIMES)

37-38                      Brush right diagonal forward and to right, brush left diagonal forward and to left  
39-40                      Brush right diagonal forward and to right, brush left diagonal forward and to left

Option: repeat steps 33-36

### TOUCH, HOLD, PIVOT ½ TURN RIGHT WITH CLOSE SLIGHTLY APART, HOLD

41-42                      Touch right toe to right side, hold  
43-44                      Push off right toe pivoting ½ turn right on left ball as right closes slightly apart to left, hold

Option: look to the right on count 41 with right arm outstretched index finger pointing down, replace arm to normal position on count 43

### **CIRCULAR MOVEMENTS WITH HIPS FOR 4 COUNTS**

45-48 Rotate hips to the right in a circular movement for 4 counts

Option: bump hips to right-left-right-left

### **PART B**

#### **TOE FORWARD, TAP HEEL 3 TIMES**

1-4 Right toe forward, snap right heel down 3 times

Option: snap right fingers forward on counts 2, 3 and 4

#### **FORWARD SHUFFLE, BRUSH**

5-8 Left forward, close right to left, left forward, brush right forward beside left

#### **TOE FORWARD, TAP HEEL 3 TIMES**

9-12 Right toe forward, snap right heel down 3 times

Option: snap right fingers forward on counts 2, 3 and 4

#### **FORWARD SHUFFLE, BRUSH**

13-16 Left forward, close right to left, left forward, brush right forward beside left

#### **SIDE-HEEL-TOE-HEEL, DRAG**

17-18 Side step right with heel turned right, swivel right toe right dragging left toe right

19-20 Swivel right heel right dragging left toe right, touch left toe beside right instep

Option: side step right, close left to right, side step right, touch left beside right

Option 2: side step right, drag left towards right for two counts, touch left beside right

Special thanks to Bill Bader for the Option 2 suggestion in Part B

#### **SIDE-HEEL-TOE-HEEL, DRAG**

21-22 Side step left with heel turned left, swivel left toe left dragging right toe left

23-24 Swivel left heel left dragging right toe left, touch right toe beside left instep

Option: side step left, close right to left, side step left, touch right beside left

Option 2: side step left, drag right towards left for two counts, touch right beside left

#### **KICK-BALL-CHANGE, FORWARD, PIVOT ¼ TURN LEFT**

25&26 Kick right foot forward, step down on right ball, replace weight on left

27-28 Right forward, pivot ¼ turn left onto left foot

Option: right forward, hold, pivot ¼ turn left onto left foot, hold

Option: make circular movement to the right with hips on these steps

#### **KICK-BALL-CHANGE, FORWARD, PIVOT ¼ TURN LEFT**

29&30 Kick right foot forward, step down on right ball, replace weight on left

31-32 Right forward, pivot ¼ turn left onto left foot

Option: right forward, hold, pivot ¼ turn left onto left foot, hold

Option: make circular movement to the right with hips on these steps

### **PART C**

#### **SWIVELS TO RIGHT, HEELS, HOLD, TOES, HOLD, HEELS, TOES, CENTER, HOLD**

1-4 Swivel heels diagonal right, hold, swivel toes diagonal right, hold,

5-8 Swivel heels diagonal right, swivel toes diagonal right, swivel heels to center, hold

Option

1 Point hands to right

3 Point hands to left

5-6-7 Point hands right-left-right

**SWIVELS TO LEFT, HEELS, HOLD, TOES, HOLD, HEELS, TOES, CENTER, HOLD**

9-12 Swivel heels diagonal left, hold, swivel toes diagonal left, hold

13-16 Swivel heels diagonal left, swivel toes diagonal left, swivel heels to center hold

**Option:**

9 Point hands to left

11 Point hands to right

13-14-15 Point hands left-right-left

**PART D**

**POINT FORWARD, HOLD, BACK, HOLD**

1-4 Point right toe forward, hold, right foot back, hold

**Option: right forward, left back, right back, hold**

**POINT BACK, HOLD, CLOSE, HOLD**

5-8 Point left toe back, hold, close left foot to right foot

**Option: left back, right forward, close left to right, hold**

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